

SOUTHWEST VIRGINIA:

# BLUE RIDGE HIGHLANDS

The Blue Ridge Highlands is known for its rich Appalachian music heritage and mountain scenery. It's home to Virginia's tallest peak, the legendary wild ponies of Grayson Highlands, and a brand-new casino in Bristol: Hard Rock Hotel & Casino Bristol.



NICEWONDER FARM & VINEYARDS  
Bristol



CASCADE FALLS  
Pembroke

## unexpected experiences

### 1. Grayson Highland State Park • Mouth of Wilson

This is arguably one of Virginia's most diverse terrains with mountain-top meadows, rocky outcrops, red spruce forests, rhododendron thickets, blueberry patches, and wild ponies. You won't think you're on the East Coast anymore.

## follow this trail

### 2. Lavender Thyme Trail • Throughout Region

Provence may be famous for its lavender fields, but did you know Virginia also has acres of purple blooms? Visit this trail in June to pick your own, take a class, and shop yourself into a serene state of mind.

## pit stop destination

### 3. Big Walker Lookout • Wytheville

On a clear day, it's said you can see five different states from this 100-foot climbing tower: VA, KY, TN, NC, and WV. You just need to brave 200 steps to reach the top!

### 4. Thee Draper Village • Draper

This hometown mercantile features a handful of boutique and artisanal stores, a cozy coffee shop, and a southern-inspired cafe that brings big flavor! Merc Cafe's homemade pimento cheese comes highly recommended.

## for the first time traveler

### 5. Birthplace of Country Music Museum • Bristol

Long before Nashville became known as "Music City", country music got its start in Bristol, Virginia, with the 1927 Bristol Sessions. Put on your dancing shoes and travel back in time to the "Big Bang" of country music at this Smithsonian-affiliated museum that is also a major venue along The Crooked Road.

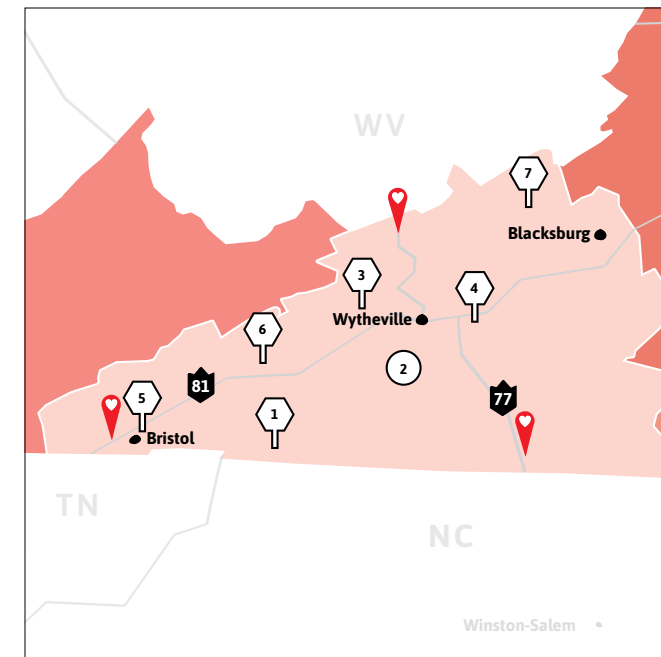
## for families

### 6. Hungry Mother State Park • Marion

Imagine a sandy beach on a serene 108-acre lake surrounded by mountains, and you have this family-favorite destination. You'll also find boat rentals, a fishing pier, campgrounds, cabins, hiking and biking trails, and a restaurant.

### 7. Mountain Lake Lodge • Pembroke

This mountain getaway offers opportunities for all, from relaxation and farm-to-table dining to tubing on the New River and a round of archery tag you won't soon forget. Visit the real film locations from the 1987 "Dirty Dancing" film and even stay in "Baby's Cabin."



THE HIGHLANDER HOTEL:  
BEE & BUTTER  
Radford

HANNAH ARMSTRONG

HANNAH ARMSTRONG

# BLACKSBURG, CHRISTIANSBURG & MONTGOMERY COUNTY



## RECREATION—INSIDE AND OUT

Explore the Huckleberry Trail, portions of the Appalachian Trail, Trans-America Bike Trail (Route 76), Poverty Creek Trails, and Brush Mountain Park. Admire the 40-foot Stiles Falls, float along New River Junction, or splash at the Montgomery County Frog Pond and Christiansburg Aquatic Center. Bring the family for a game of mini golf at Cox's Golf Driving Range, or try disc golf at the Golden Hills Disc Golf Course.



## ARTS AND CULTURE

See a show at the Moss Arts Center, Lyric Theatre, or Starlite Drive-In, and step back in time at the Montgomery Museum, Christiansburg Institute, Historic Smithfield, and Meadowbrook Museum. Walk through the historic districts of Downtown Christiansburg and Blacksburg to see public art, from murals to painted HokieBirds (Virginia Tech's mascot)!

## DINING AND AGRITOURISM

You'll love the locally owned eateries and bakeries that are as diverse as the area. Visit our wineries and breweries that grow their own grapes and hops. The Christiansburg and Blacksburg Farmers Markets have plenty of fresh produce, homemade goods, and samples to taste.

Bring your family to the annual Sinkland Farms Pumpkin Festival, featuring hay rides, a petting zoo, pumpkin catapults, hog races, vendors, and more! Visit Beliveau Farm Winery's Lavender Festival for a relaxing summer outing with gorgeous lavender fields and mountain views.

## VIRGINIA TECH

Virginia Tech, home of the Hokies, is a must-stop in town. Before exploring the campus, pop into the visitor center for maps, parking information, and more. Key attractions include The Pylons, the Moss Arts Center, Lane Stadium, Cassell Coliseum, the Drillfield, Hahn Horticulture Garden, and the beloved Virginia Tech Duck Pond.

# We Can't Wait to See You!



New River Valley

## Explore Blacksburg, Christiansburg & Montgomery County.

Perched along the Eastern Continental Divide and nestled between the Blue Ridge and Allegheny Mountains, Montgomery County is a natural oasis for outdoor recreation and enjoyment in beautiful Southwest Virginia. Also flanked by the New and Roanoke Rivers and a headwater of the James River, we are host to ample water resources - including a 40-ft. waterfall.

We are home to two of Virginia's largest towns, Blacksburg and Christiansburg, as well as Virginia Tech - Home of the Hokies! We are proud to call the Huckleberry Trail our own - an expansive 15+ mile trail network, which binds our community and connects to Brush Mountain biking/hiking and the new Huckleberry Park. We are also a community rich in innovation and diversity, along with the arts, culture, and history - experience it all when you **Go To Town** today!

VIRGINIA  
IS FOR  
OUTDOOR  
LOVERS™

GO TO TOWN! **BLACKSBURG**  
**CHRISTIANSBURG**  
MONTGOMERY COUNTY, VA

[GoToMontVA.com](http://GoToMontVA.com)



SCAN ME





# Explore BRISTOL

With the Appalachian Mountains for a backdrop, Bristol is known for its incredible outdoor beauty and is one of Northeast Tennessee and Southwest Virginia's most exquisite gems. A rich musical heritage, a world-renowned racing facility, a casino, a vibrant downtown, and some of the friendliest people you'll ever meet make it a perfect destination for your next great adventure!

**Downtown Bristol**, home of iconic State Street, Tennessee and Virginia's official state line, is a visitor hub. You'll love seeing the famous **Bristol Sign**, **The Paramount Bristol** theater, restaurants, specialty shops, breweries and distilleries, and galleries, and enjoying lots of live music.

You can't miss a trip to the **Birthplace of Country Music Museum** located in historic **Downtown Bristol**, which tells the story of the 1927 Bristol Sessions - recordings that were influential in shaping early commercial country music's sounds and practices.



HISTORIC DOWNTOWN BRISTOL TN/VA

**Bristol Motor Speedway**, one of NASCAR's most popular tracks, is a must, as is having your photo taken in front of the "It's Bristol Baby" sign which sits right outside the massive track, and hosts two NASCAR series races each year.



BRISTOL MOTOR SPEEDWAY

Bristol is also home to the **NOW OPEN Hard Rock Hotel & Casino Bristol!** Explore the many gaming options, live entertainment, dining and shopping for your chance to WIN BIG in Bristol!

**The Falls** in Bristol, VA is a shopping and entertainment hotspot for visitors. In addition, **The Pinnacle**, just across the state line in Bristol, TN, offers many options for visitors to Shop, Dine, & Play.

The Bristol region features more than 40 square miles of inland lakes, rivers, and freshwater streams, including **South Holston Lake** and **Holston River** - home to world-class fly fishing - as well as hiking, biking and scenic views. Or hiking and biking enthusiasts can explore the **Mendota Trail**, a 12.5-mile scenic trail connecting Bristol and Mendota.



BIRTHPLACE OF COUNTRY MUSIC MUSEUM



HARD ROCK HOTEL & CASINO BRISTOL



SOUTH HOLSTON LAKE

**BIRTHPLACE of COUNTRY MUSIC MUSEUM**

Smithsonian Affiliate | Travelers' Choice 2023

Visit & Experience  
**"WHERE COUNTRY MUSIC BEGAN"**  
 101 Country Music Way, Bristol, Tennessee & Virginia

[BirthplaceofCountryMusic.org](http://BirthplaceofCountryMusic.org) | (423) 573 1927

Virginia is for Lovers | Virginia Humanities | Virginia Center for Creative Arts | National Endowment for the Arts | Tennessee Arts Commission | Humanities Tennessee | Bristol Tennessee | Tennessee Sounds Perfect

**Bristol Rhythm & Roots Reunion**  
 September 19-21, 2025

3 Days · 12 Stages · 90+ Artists  
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[BristolRhythm.com](http://BristolRhythm.com)

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**BRISTOL**



**DAMASCUS OUTFITTERS**  
Damascus

**Coal Mining Heritage Park**  
Mile 4 of The Huckleberry Trl., Christiansburg; 540-382-6975; montva.com/parks-and-rec/parks-facilities/coal-mining-heritage-park. The former Merrimac Mine is a passive park and trail. 🐾

**Ellett Valley Recreational Area**  
1087 Jennelle Rd., Blacksburg; 540-443-1100; blacksburg.gov/departments/departments-l-z/parks-and-recreation. 109-acre park with vigorous one-mile biking/walking trail in varied terrain.

**Fotheringay House**  
Route 11/460, Elliston; 202-354-2211; waymarking.com/waymarks/wm1k4q\_fotheringay\_elliston\_virginia. Legend of American Revolution Colonel said to be buried standing.

**Gateway Park**  
2650 Meadowbrook Dr., Blacksburg; 540-443-1100; blacksburg.gov/departments/departments-l-z/parks-and-recreation. 15-acres with hiking/biking/horseback trail providing legal access to Jefferson National Forest.

**Golden Hills Disc Golf Course**  
390 Cinnabar Rd., Christiansburg; 540-382-6975; montva.com/parks-and-rec/parks-facilities/golden-hills-disc-golf. Experience one of the largest courses (37-holes) in the United States.

**Heritage Park & Natural Area**  
2300 Glade Rd., Blacksburg; 540-443-1100; blacksburg.gov/departments/departments-l-z/parks-and-recreation. 169-acre park with picnic shelter and trails through natural spaces.

**Historic Smithfield**  
1000 Smithfield Plantation Rd., Blacksburg; 540-231-3947; historicsmithfield.org. History lives at this scenic 1774 Revolutionary War-era house museum. \$

**The Huckleberry Trail**  
Christiansburg; 540-382-6975; huckleberrytrail.org. Maintained rail-to-trail winds through Blacksburg and Christiansburg. 🐾

**Kentland Farm**  
5250 Whitethorne Rd., Blacksburg; 540-731-9353; vaes.vt.edu/college-farm. College farm includes a manor house, meat house, and dairy. 🐾

**LOVEworks Sculpture in Christiansburg**  
595 North Franklin St., Christiansburg; 540-394-2120; virginia.org/listings/thearts/loveworksinchristiansburg. A water-themed sculpture representing connection to the water. 🐾

**The Lyric Theatre**  
135 College Ave., Blacksburg; 540-951-0604; thelyric.com. This historic theatre offers films, live music, and more! 🐾

**Meadowbrook Museum**  
267 Alleghany Spring Rd., Shawsville; meadowbrookmuseum.org. Preserving the history and heritage of Eastern Montgomery County.

**Montgomery Museum of Art and History**  
4 East Main St., Christiansburg; 540-382-5644; montgomerymuseum.org. Artifacts from the New River Valley and local art exhibits.

**Moss Arts Center**  
Virginia Tech, 190 Alumni Mall, Blacksburg; 540-231-5300; artcenter.vt.edu. Serves Southwest Virginia with performing and visual arts experiences. \$ 🐾

**Nature Conservancy's Falls Ridge Preserve**  
Falls Ridge Rd., Elliston; 434-295-6106; hikingupward.com/ovh/fallsridgepreserve. A breathtaking travertine waterfall, old limekiln, and caves. 🐾

**Poverty Creek Trail System**  
5 miles north of Blacksburg on Route 460 W, Blacksburg; povertycreektrails.org. Over 25 miles of multi-use trails in the Jefferson National Forest.

**SEEDS - Blacksburg Nature Center**  
Historic Price House, 107 Wharton St. SE, Blacksburg; 540-961-1132; seedskids.org/nature-center. Rain or shine, fun discovery learning for children and the young at heart.

**Sinkland Farms**  
3060 Riner Rd., Christiansburg; sinklandfarms.com. Sinkland Farms, an award-winning wedding and event venue, hosts annual Pumpkin and Sunflower Festivals. Ranked 3rd Best Pumpkin Patch and 6th Best Corn Maze by USA Today, it serves as a model in agritourism, offering school fieldtrip educational programs focused on the farm-to-food experience. 🐾

**Solitude**  
Virginia Tech Campus, Blacksburg; 540-231-9593; vt.edu/about/locations/buildings/solitude. Historic home circa 1801; home to two Virginia governors.

**St Luke and Odd Fellows Hall**  
203 Gilbert St., Blacksburg; 540-443-1600; blacksburgmuseum.org. Discover the heritage of local African American culture, open by appointment.

**Starlite Drive-In Theater**  
275 Starlite Dr. SE, Christiansburg; 540-382-2202; starlitedriveinva.com. One of the few original drive-in theaters in the country! \$

**Stiles Water Falls at Alta Mons**  
2842 Crockett Springs Rd., Shawsville; 540-268-2409; altamons.org. 40-foot waterfall, 1.5-mile trail, 850-acre wooded mountainous tract.

**'The Muni' - Disc Golf Course at Blacksburg Municipal Park**  
920 Turner St., Blacksburg; 540-443-1100; blacksburg.gov/departments/departments-l-z/parks-and-recreation. A year-round 35-acre park featuring an 11-hole, nationally acclaimed course.

**TransAmerica Bike Trail: Montgomery County**  
Along scenic VA Route 76 from Christiansburg to Catawba; 540-394-4470; gotomontva.com. Spectacular 19 miles of coast-to-coast bikeway accented by scenic rural landscape.

**Virginia Tech**  
314 Burruss Hall, Blacksburg; 540-231-3548; vt.edu. One of Virginia's largest universities. Museums, galleries open to public. 🐾

**Grayson County Virginia Heritage Foundation**  
578 East Main St., Independence. Promotes, preserves, and educates the cultural heritages of Grayson County.

**Grayson Crossroads Museum**  
107 E. Main St., Independence; 276-773-3711; historic1908courthouse.org. Old photos of the county, old maps, and cultural antiques. 🐾

**Grayson Gravel Traverse**  
107 E Main St., Independence; 276-773-8002; graysoncountyva.com/business/grayson-gravel-traverse-bike-route. 72-mile gravel cycling route connecting two rail trails. 🐾

**Grayson Highlands State Park**  
829 Grayson Highland Ln., Mouth of Wilson; 276-579-7092; virginia.stateparks.gov/grayson-highlands. 🐾

**Historic 1908 Courthouse and Grayson County Visitor Center**  
107 E. Main St., Independence; 276-773-8002; graysoncountyva.com. History museum and tourism information. Free live music Wednesday nights. 🐾

**Historic Fries Theater**  
316 W. Main St., Fries; 276-744-2531; friesva.com. Weekly jam every Thursday at 6:30pm, a Crooked Road venue. 🐾

**Historic Goodwill Grange Hall**  
840 Grange Hall Rd., Troutdale; 276-221-1716; facebook.com/goodwillgrange959. Non-profit organization offering community services. 🐾

**Matthews Living History Farm Museum**  
476 White Pine Rd., Galax; 276-773-3080; matthewsfarmmuseum.org. Preserving cultural heritage of upper New River Valley since 1900.

**Matthews State Forest Mountain Bike Trails**  
655 White Pine Rd., Galax; mtbproject.com/trail/7016941/matthews-state-forest-mtb-trail. 8.2 miles of single-track adventure.

**Whitetop Station**  
1595 Whitetop Gap Rd., Whitetop; 276-773-8002; graysoncountyva.com/business/grayson-gravel-traverse-bike-route. Historical information center at the end of the Creeper Trail. 🐾

**MONTGOMERY COUNTY**  
Includes Blackburg, Christiansburg, Elliston, Shawsville

**Blacksburg-Christiansburg-Montgomery County Regional Tourism**  
200 Clay St., SW, Blacksburg; 540-394-4470; gotomontva.com. Go To Town in Montgomery County with two of Virginia's largest towns - Blacksburg and Christiansburg. In the heart of the New River Valley among the Blue Ridge Mountains of Southwest Virginia. Home to the Huckleberry Trail and Virginia Tech. Easy access to the Appalachian Trail, Blue Ridge Parkway, Brush Mountain Biking, and the TransAmerica Bicycle Trail (U.S. Route 76). 🐾

**Downtown Blacksburg, Inc.**  
318 N. Main St., Blacksburg; 540-951-0454; downtownblacksburg.com. Featuring unique cuisine, boutique shopping, art galleries, a farmers market, and a historical movie theatre. Annual festivals include Summer Solstice fest, Art at the Market, and Steppin' Out. 🐾

**THINGS TO DO**  
**Alexander Black House & Cultural Center**  
204 Draper Rd. SW, Blacksburg; 540-443-1600; blacksburgmuseum.org. Historic home of Alexander Black. 🐾

**Blacksburg Rotary Mountain Biking Skills Park**  
2701 Meadowbrook Dr., Blacksburg; 540-443-1100; blacksburg.gov/departments/departments-l-z/parks-and-recreation. Dynamic setting to learn and hone your mountain biking skills.

**Brush Mountain Park**  
2701 Meadowbrook Dr., Blacksburg; 540-443-1100; newriverlandtrust.org/brushmountainpark. Enjoy 634 acres of forest with 12.5 miles of multi-use trails.

**Cambria Historic District**  
500 Depot St., Christiansburg. Historic railroad depot, antique and specialty shops.

**Christiansburg Aquatic Center**  
595 North Franklin St., Christiansburg; 540-381-7665; cacpool.com. 50-meter competition pool; 10-meter diving platform; leisure pool with water slide; heated therapy pool; sun deck; locker rooms; family changing areas; wet classroom; fitness area; warming kitchen; and multi-purpose rooms. \$ 🐾

**Christiansburg Huckleberry Park**  
227 Huckleberry Park Dr. NW, Christiansburg; 540-382-2349; christiansburg.org/1608/christiansburg-huckleberry-park. Experience Virginia's newest family-friendly recreational area featuring 50-acre all-inclusive amenities for adults and children with all abilities, pet-friendly play areas, special event locations, multi-purpose athletic fields, and more. 🐾

**Christiansburg Institute Museum**  
125 Arrowhead Trl., Christiansburg; 540-251-3160; christiansburginstitute.com. Remember, explore, and reimagine experiences of African Americans in Southwest Virginia.

# VISIT A PLACE WHERE MUSIC FESTIVALS GROW IN THE WILD!

*Find yourself here*

We are the home of Virginia's Beach Music Festival, Front Porch Fest, Dominion Valley Gospel, and so many other festivals. Visit Fairy Stone State Park and the Star Theatre, picnic at a covered bridge or on the Blue Ridge Parkway, count the stars in our clear night skies, hike the mountains or fish our rivers. From the rugged outdoors to 5-star luxury, there is so much to discover here. [visitpatrickcounty.org](http://visitpatrickcounty.org)



VIRGINIA IS FOR LOVERS

Visit the Patrick County Visitors Center at 126 N. Main St, Stuart, VA

HANNAH ARMSTRONG

