

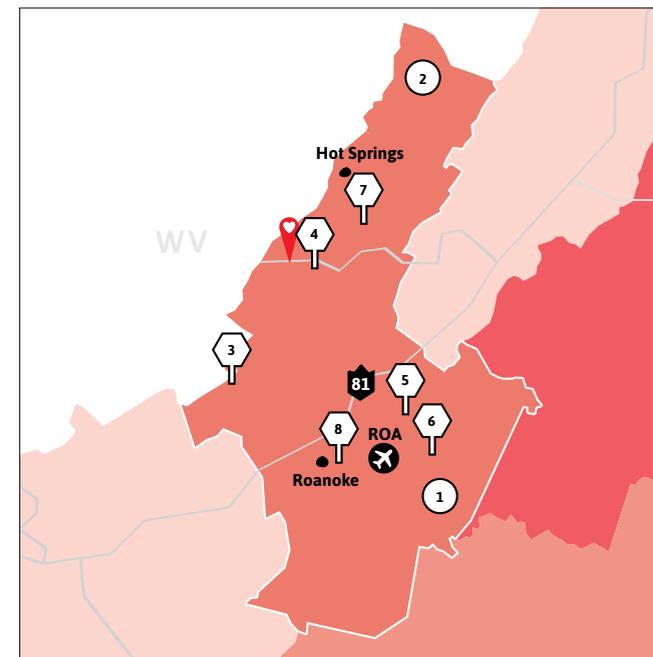
PINE TREE OVERLOOK
Montvale

VIRGINIA MOUNTAINS

Welcome to the Virginia Mountains, where the junction of mountains and water make for some gorgeous travel destinations. Rent a boat and spend the day cruising the waters of Smith Mountain Lake, cross the 366-foot-long swinging bridge in Buchanan, or float and fish through scenic pastures on the Upper James River Water Trail.



HANNAH ARMSTRONG



MILL MOUNTAIN OVERLOOK
Roanoke

HANNAH ARMSTRONG

unexpected experiences

1. Mountain Spirits Trail • Franklin, Floyd, & Patrick Counties
Franklin County has long been known as the “Moonshine Capital of the World,” but now it’s going legit with a distillery trail that tells the story of the region’s moonshine heritage. And, yes, there are samples to be had!

follow this trail



2. Highland County Barn Quilt Trail • Highland County
Brightly-painted patterns on barns are an integral part of the rural landscape, each telling a story with significant meaning to the owner. This trail features over 60 barn quilts and their stories.

pit stop destination

3. Paint Bank General Store • Paint Bank
With original wooden floors and tin ceilings, this small-town general store truly has “a little bit of everything”: cuts of farm-raised buffalo, a Christmas shop, an in-store restaurant with a screened-in porch for dining, and jams and jellies straight from your grandma’s kitchen.

4. Falling Spring Falls • Covington
Pull right up to this 80-foot waterfall, located on the side of Route 220. No hiking required!

for the first time traveler

5. Sharp Top Overlook • Bedford County
This 360-degree-view is one that’s not to be missed, but not everyone can hike a 4,000-foot mountain. The Sharp Top Mountain Shuttle can take you within 1,500 feet of the top.

6. D-Day Memorial • Bedford
Pay tribute to WWII soldiers at this thoughtfully-designed memorial. We highly recommend the twice-daily guided tours, where you’ll hear stories and details you’d otherwise miss.

for families

7. Omni Homestead Resort • Warm Springs
For over 250 years, this family-friendly resort has been delighting visitors — including 24 U.S. Presidents. Don’t miss a soak in their iconic Warm Springs Pools bathhouse.

8. Virginia Museum of Transportation • Roanoke
Housed in a former Norfolk & Western Railway Freight Station, this museum explores the history of travel, from Model Ts to steam locomotives, airplanes, and space travel.

FRANKLIN COUNTY



Mass Ross

SMITH MOUNTAIN LAKE A Four-Season Lake Front Destination

Whether you're looking to float, fish, or find a place to unplug, Smith Mountain Lake is your four-season waterfront oasis and home to the 2025 Major League Fishing All-Star Event, May 17-22. You could catch your fish of a lifetime, enjoy a waterfront meal, and listen to live music all in the same day before catching a picture-perfect sunset. While visiting, make a stop at the Booker T. Washington National Monument to learn about his rise from the bondage of slavery and the heights he reached in life. Known as the "Jewel of the Blue Ridge", Smith Mountain Lake may become your home away from home. Be sure to plan a visit for the annual "Smith Mountain Lake Wine Festival" in September and the "Smith Mountain Lake Chili Festival" in November.

ROCKY MOUNT A Music Town That's Something Else

Rocky Mount serves as the crossroads of Franklin County where music is alive, beverages are flowing, and small-town hospitality remains the norm. Catch a world class show at the Harvester Performance Center, shop through Downtown Rocky Mount, and close out the night with amazing food and drinks.

The town also serves as the eastern gateway to "The Crooked Road: Virginia's Heritage Music Trail" and hosts many must see events throughout the year including "Rocky Mount Fest" in September and "Come Home to a Franklin County Christmas" in December. For car lovers, "Cruisin' Rocky Mount" is the first Saturday of the month from April to November. "Rocky Mount - We're Something Else".



Beth Preston



DISCOVER ROCKY MOUNT

FOOTHILLS OF THE BLUE RIDGE Where Higher Education Meets Blue Ridge Heritage

Resting at the foot of the majestic Blue Ridge Mountains, Ferrum is home to the Blue Ridge Institute and Museum and Ferrum College. This cross section of history, heritage, and higher education serves as a foundation for much more. Be sure to bring your kayak and experience the tranquil waters of Philpott Lake, learn about authentic life of days gone by at the Blue Ridge Institute, or explore the mystery of the newly formed moonshine heritage trail, "The Mountain Spirit Trail". Don't miss out on the annual "Blue Ridge Folklife Festival" the fourth Saturday in October. This annual gathering of heritage musicians, artisans, and "coon dogs" is a celebration of life in the Blue Ridge Mountains.

www.visitfranklincountyva.com



Welcome Center at Covington

Virginia Tourism Corporation
Mile Marker 2, I-64
Eastbound
Covington 24426
540-559-3010

ALLEGHANY HIGHLANDS/COVINGTON

VIRGINIA MAIN STREET COMMUNITY
Includes Clifton Forge, Low Moor, Millboro

Alleghany Highlands Chamber of Commerce & Tourism

110 Mall Rd., Covington; 540-962-2178; visitalleghanyhighlands.com. Beautiful mountain views, endless outdoor recreation, and two walkable downtowns with locally owned shops and restaurants. Historic treasures and a thriving arts community. Get away, enjoy - it's uniquely Alleghany!

THINGS TO DO

Alleghany Highlands Arts and Crafts Center, Inc.
439 E. Ridgeway St., Clifton Forge; 540-862-4447; highlandsartsandcraft.org. Art center, art gallery, shopping, art classes, and events.

Appalachian Trail
304-535-6278; nps.gov/appa. 2,190 plus traverse the scenic, wooded, pastoral lands of the Appalachian Mountains.

Blue Ridge Parkway
828-348-3400; nps.gov/blri.

George Washington and Jefferson National Forests
Highland County, Monterey; 540-839-2521; fs.usda.gov/gwj. Outdoor recreation in the beautiful Appalachian mountains of Virginia.

Alleghany Highlands Blueway
110 Mall Rd., Covington; 540-962-2178; alleghanyhighlandsblueway.com. Miles of scenic rivers and shoreline on two pristine lakes.

Alleghany Highlands Genealogical Society
515 E. Pine St., Covington; 540-962-1501; ahgscov.org. Library and archives with hundreds of historic photos and records.

Alleghany Highlands Industrial Heritage and Discovery Technology Center
149 S. Maple Ave., Covington; 540-965-0149. Celebrates the industrial heritage of the region & new technology.

Alleghany Highlands Trails
110 Mall Rd., Covington; 540-962-2178; alleghanyhighlandstrails.com. Hundreds of miles of challenging trails with peaceful mountain views.

Alleghany Historical Society Covington Depot
149 Maple Ave., Covington; 540-965-0149; alleghanyhistorical.org. Restored 1908 C&O passenger depot and 1890 freight depot.

Blue Spring Run Farm
3901 Blue Spring Run Rd., Covington; 540-747-2055; bluespringrunfarm.com. Tours, seasonal produce, baked goods, and sweet treats available year-round.

C&O Railway Heritage Center
705 Main St., Clifton Forge; 540-862-8653; cohs.org. Railway heritage museum that tells the story of C&O Railway.

Clifton Forge School of the Arts
518 Church St., Clifton Forge; 540-862-7275; cfsota.org. Offers a large array of classes specializing in the arts.

Douthat State Park
14239 Douthat State Park Rd., Millboro; 540-862-8100; virginiastateparks.gov/douthat.

Eastern National Children's Forest
State Route 18, James River Ranger District, Covington; 540-962-2214; visitalleghanyhighlands.com. Planted by children, a unique site offering an easy hike.

Falling Spring Falls
Scenic overlook on Rt. 220 north of Covington, Covington; 540-962-2178; visitalleghanyhighlands.com. Remarkable cascading 80-ft. waterfall with a roadside overlook.

Historic Humpback Bridge
1-64 Exit 10 to Rt. 60 travel 1/2 mile east, Covington; 540-962-2178; visitalleghanyhighlands.com. The oldest bridge of this style in existence; wayside park.

Historic Masonic Theatre
510 Main St., Clifton Forge; 540-862-5655; historicmasonictheatre.com. Constructed in 1905, now used as a performing arts center.

Jackson River Scenic Trail
Covington; 540-863-6622; alleghanyhighlandstrails.com. 16-mile scenic trail for biking, hiking and horseback riding.

Jackson River Sports Complex
870 W. Edgemont Dr., Covington; 540-965-6360; covington.va.us. State-of-the-art sports facility. Athletic fields, tennis courts, driving range, and amphitheater.

Lake Moomaw, Gathright Dam and Morris Hill Campground
South end of Lake Moomaw, Morris Hill Rd., Covington; 540-962-2178; visitalleghanyhighlands.com. Nestled in the scenic Allegheny Mountains; camping, boating, fishing, swimming.

Main Street Park/Engine 701
Main St., Covington; 540-962-6360; covington.va.us. Six-acre community park with the refurbished 701 Steam Engine.

Masonic Amphitheatre
513 Church St., Clifton Forge; 540-862-5655; historicmasonictheatre.com. A unique venue that offers entertainment in music and theater performances.

Oakland Church & Cemetery
Low Moor/Selma Rd. (Old Rt. 60), Low Moor; 540-962-2178; visitalleghanyhighlands.com. Served as hospital during Civil War; Confederate soldiers buried here.

River Rock Amphitheatre
870 W. Edgemont Dr., Covington; 540-965-6360; covington.va.us. Seasonal entertainment in a unique venue.

Wrightsville Heritage Museum
702 Wrightstown Rd., Rt. 60 and 220 Exit 16 off I-64, Covington; 540-962-6787; tmfndt.wix.com/themclintonfoundation. Historical artifacts, paintings, furniture, machinery, clothing. Some dating back to slavery.

BATH COUNTY

Includes Millboro, Hot Springs, Warm Springs

Visitor Information Gazebo
Junction of Route 39 & 220, Warm Springs; 540-839-7202; discoverbath.com. Find information on local attractions, outdoor recreation, lodging, dining, and shopping.

THINGS TO DO

Blowing Springs
Route 39, 7608 Mountain Valley Rd., Warm Springs; 540-839-2521. Hiking, wildlife, birding, fishing.

Bolar Mountain Recreational Area
Rt 600, 756 Twin Ridge Dr., Warm Springs; 540-839-2521; discoverbath.com. Swimming, camping, fishing, hunting, boating, hiking, wildlife, birding, picnic area.

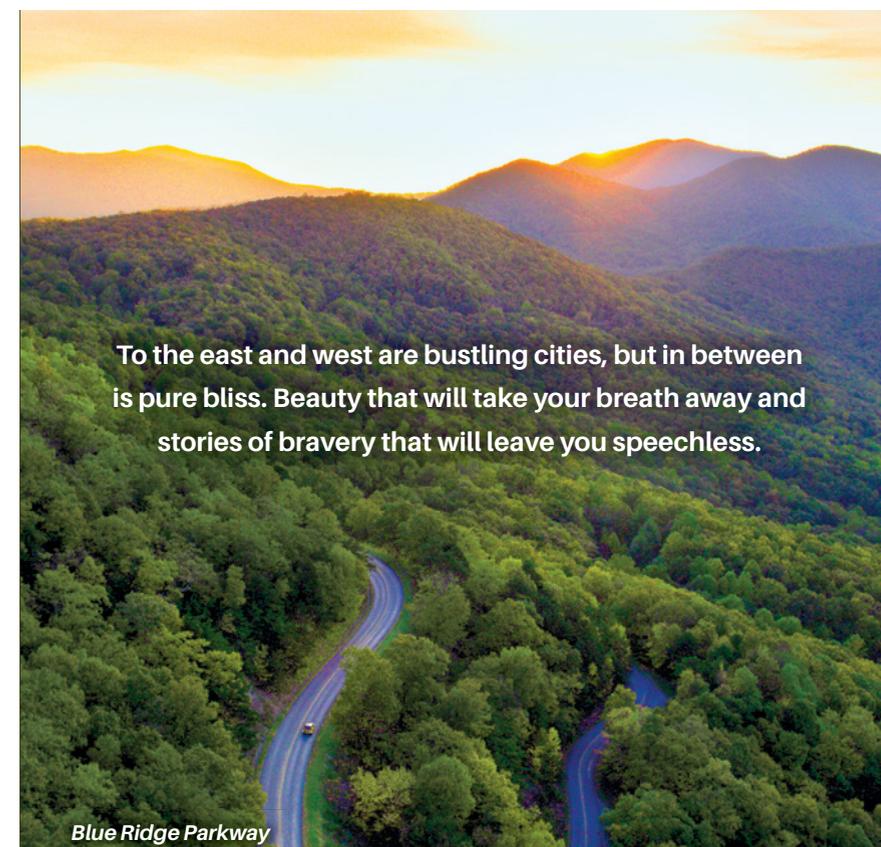
Coursey Springs Fish Hatchery
300 Hatchery Ln., Millboro; 540-925-2343; dgif.state.va.us. Free guided tours, 365 days a year.

Dominion Back Creek Recreation Area
Route 600, 316 Power Station Dr., Warm Springs; 540-279-4136; discoverbath.com. Swimming, hiking, non-power boating, picnic areas.

Douthat State Park
14239 Douthat State Park Rd., Millboro; 540-862-8100; virginiastateparks.gov.

Garth Newel Music Center
403 Garth Newel Ln., Hot Springs; 540-839-5018; garthnewel.org. World-class music, gourmet food, friendly people, and breathtaking scenery.

Gathright Dam
316 Power Station Dr., Warm Springs; 540-962-1138; discoverbath.com. Scenic overlooks, camping, boating, fishing, swimming, hiking.



To the east and west are bustling cities, but in between is pure bliss. Beauty that will take your breath away and stories of bravery that will leave you speechless.

Blue Ridge Parkway

Where Ordinary Ends...
BEDFORD BEGINS.

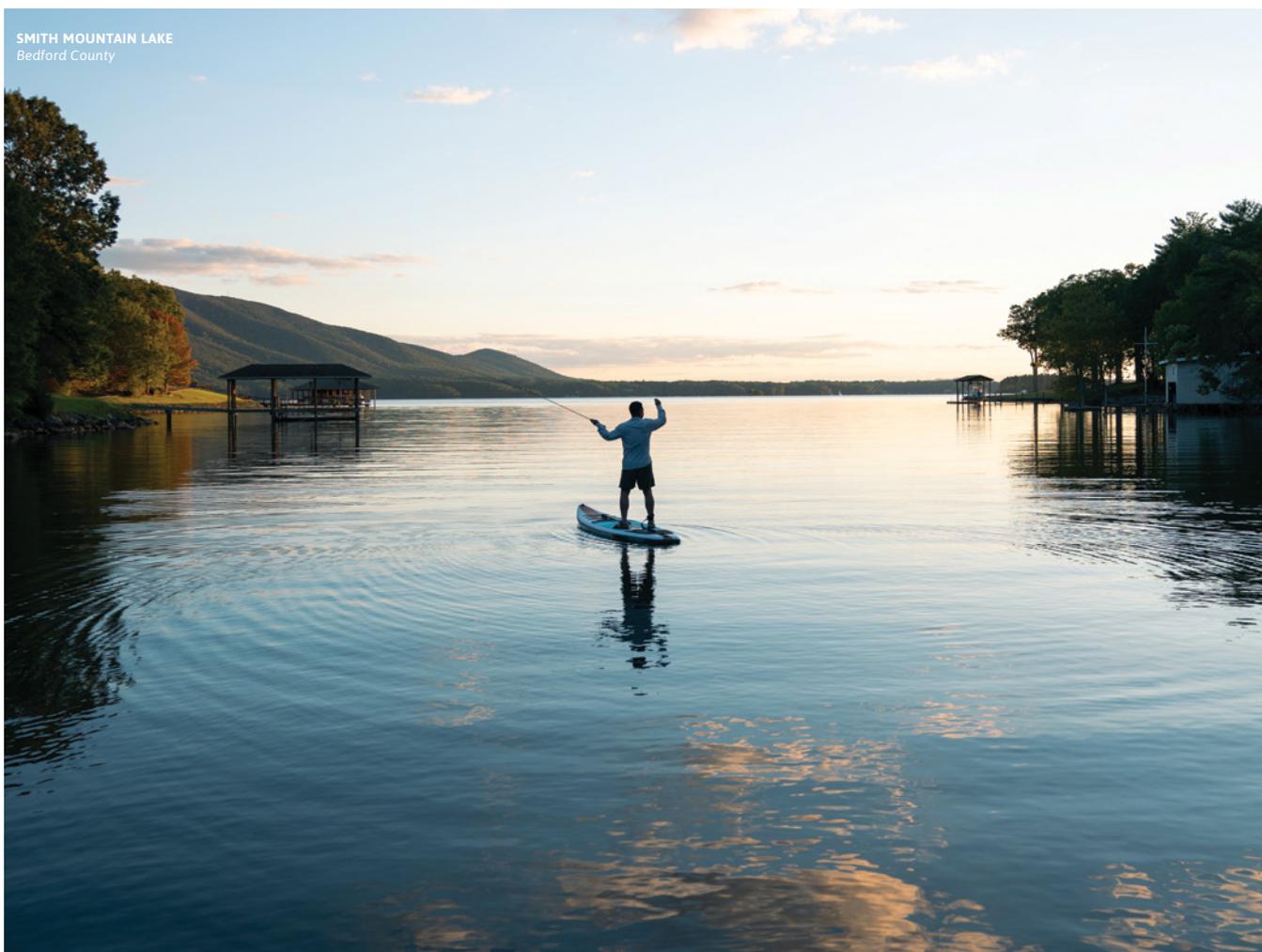


National D-Day Memorial



DestinationBedfordVA.com
877-447-3257 | #DestinationBedfordVA

VIRGINIA IS FOR LOVERS



SMITH MOUNTAIN LAKE
Bedford County

Hidden Valley Recreational Area
1531 Hidden Valley Rd., Warm Springs; 540-839-2521; discoverbath.com. Camping, fishing, hiking and biking trails, birding, wildlife. 🚗🐾

Lake Moomaw at Bolar Mountain Recreational Area
756 Twin Ridge Dr., Warm Springs; 877-444-6777; discoverbath.com. A renowned fishing spot. Activities include boating, fishing, hiking, biking, camping. 🚗🐾

Pumped Storage Station
Route 600, 316 Power Station Dr., Warm Springs; 540-279-4136; discoverbath.com. Cited as one of the nation's most outstanding engineering achievements.

Warm Springs Mountain Preserve
Route 39 and Route 703, Warm Springs; 540-839-3599; nature.org. Trails known for amazing diversity of natural communities, plants, animals.

BEDFORD AREA
Includes Big Island

Bedford Area Welcome Center
US 460 & 122, 816 Burks Hill Rd., Bedford; 540-587-5681; destinationbedfordva.com. Home to amazing experiences like the Blue Ridge Parkway, National D-Day Memorial, Thomas Jefferson's Poplar Forest, Smith Mountain Lake, and more! 🚗🐾🗺️

THINGS TO DO

Bedford Boys Tribute Center
108 North Bridge St., Bedford; 540-425-5598; bbtcv.org. View personal items of Bedford Boys in historic downtown site. 🚗🗺️

Bedford Museum and Genealogical Library
201 E. Main St., Bedford; 540-586-4520; bedfordvamuseum.org. Local history and exhibits. Hours Monday-Saturday. 🚗🗺️

Big Otter Mill
3353 Big Island Hwy., Bedford; 434-660-1587; bigottermill.com. Historic mill that hosts events and group tours by appointment. 🚗🐾

Bottled in Bedford
816 Burks Hill Rd., Bedford; 540-587-5681; bottledinbedford.com. Craft beverage trail featuring wineries, breweries, cider, and mead. 🚗🐾

Bower Center for the Arts
305 North Bridge St., Bedford; 540-586-4235; bowercenter.org. Cultural center with art exhibits, concerts, workshops throughout the year. 🚗🗺️

Hunter's Raid Civil War Trail
816 Burks Hill Rd., Bedford; 540-587-5681; civilwartrails.org. Bedford hosts four sites. Information at Bedford Area Welcome Center. 🚗🐾🗺️

National D-Day Memorial
3 Overlord Cir., Bedford; 540-586-3329; dday.org. National monument honoring the Allied forces who participated in D-Day. 🚗🗺️

Peaks of Otter
Milepost 86, Blue Ridge Pkwy., Bedford; 540-586-4496; peaksofotter.com. Hiking, fishing, wildflower trails, picnic areas, campgrounds, spectacular mountain views. 🚗🐾🗺️

Sedalia Center
1108 Sedalia School Rd., Big Island; 434-299-5080; sedaliacenter.org. Venue hosting concerts, festivals, workshops, and more. Camping available. 🚗🐾🗺️

The Wharton House
315 North Bridge St., Bedford; 540-587-5681; bedfordhistory.org. 1883 Italianate house and gardens. Gardens open to public. 🚗🗺️

BOTETOURT COUNTY
Includes Buchanan, Daleville, Eagle Rock, Fincastle

Botetourt County Chamber of Commerce
PO Box 413, Daleville; 540-566-8812; botetourtchamber.com. Visit Botetourt located in the heart of Virginia's Blue Ridge.

THINGS TO DO

Blacksmith Shop/Wysong Park
West Main St., Fincastle; 540-473-3077; hisfin.org. Circa 1840, it contains blacksmith tools and history of the family who owned it.

Botetourt County Historic Circuit Courthouse
5 West Main St., Fincastle; 540-473-8274. Original, primary source genealogy documents dating to the early 1700s. 🚗

Botetourt County Historical Museum
26 E Main St., Fincastle; 540-473-8394; bothistsoc.wordpress.com. Houses hundreds of artifacts and historic interpretations of Botetourt County.

Buchanan Historic Theatre
19778 Main St., Buchanan; 540-254-1155; buchanantheatre.com. Big screen in small town. National Register of Historic Places. 🚗

Fincastle Library Genealogy Room
11 Academy St., Fincastle; 540-928-2700; botetourtva.gov/libraries/genealogy.php. Botetourt once extended through seven present-day states. Genealogical resources available. 🚗

James Matten Early Cabin
121 Murray St., Fincastle; 540-473-3077; hisfin.org. Furnished historic cabin, circa 1796, scheduled tours available. 🚗

Roaring Run Recreation Area
450 Roaring Run Rd., Eagle Rock; 540-928-2130; visitvbr.com/botetourt. Early 1800s iron furnace; leisurely hike to exquisite waterfall. 🚗🐾

Upper James River Water Trail
640 Lowe St., Buchanan; 540-254-8012; canoevirginia.net, upperjamesriverwatertrail.com. Blueway with nine public access points, kayaking, tubing, canoeing, fishing. 🚗🐾

CRAIG COUNTY

Includes New Castle, Paint Bank

Craig County Tourism Commission
108 Court St., New Castle; 540-864-5010; visitcraigcountyva.com. Enormous outdoor playground, 300 square miles, and no traffic lights! 🚗🐾

Craig County Visitor Information
303 Main St., New Castle; 540-864-8978; craigcountypubliclibrary.org. Information on Craig County and historic New Castle. Start of the Craig County Barn Quilt Trail.

THINGS TO DO

Craig County Farmers Market & Mural
235 Main St., New Castle; 540-864-5010; craigcountyfarmersmarket.com. Seasonal market. YOUR NEXT ADVENTURE AWAITS mural by Jon Murrill.

Fenwick Mines Day Use Area
128 Old Jeep Rd., New Castle; 540-552-4641; fs.usda.gov. Hiking and horse trails, pond, picnic areas, handicap accessible. 🚗🐾

New Castle Town Park
210 Salem Ave., New Castle; 540-864-2200; visitcraigcountyva.com. Play equipment, picnic area, LOVEworks; restaurants and shopping nearby. 🚗🐾

Old Brick Hotel & Genealogy Library
141 Court St., New Castle; 540-864-7023; visitcraigcountyva.com. Three floors of local history and artifacts, three log cabins.

Paint Bank Fish Hatchery
14505 Paint Bank Rd., Paint Bank; 540-897-5401; dgif.virginia.org. Open 7am-3:30pm daily. Family-friendly trout viewing experience. 🚗🐾

FRANKLIN COUNTY/ROCKY MOUNT

Includes Boones Mill, Ferrum, Hardy, Moneta, Penhook

Franklin Office of Economic Development - Tourism
1255 Franklin St., Ste. 112, Rocky Mount; 540-483-3030; visitfranklincountyva.com. The Gateway to the Virginia Mountains Region and much more. 🗺️

THINGS TO DO

The 1769 Old Chapel Church
436 Old Chapel Rd., Penhook; 540-483-0687; visitfranklincountyva.com. Restored historic church, oldest timber-frame structure in Southwest Virginia.

Blue Ridge Institute and Farm Museum
Ferrum College, 20 Museum Dr., Ferrum; 540-365-4416; blueridgeinstitute.org. Designated state center for Blue Ridge folklore. Largest folklife museum in Virginia and largest moonshine memorabilia collection in the world! Archives, exhibits, and more! 🚗🐾🗺️

Franklin County Historical Society Museum and Research Library
460 S. Main St., Rocky Mount; 540-483-1890; franklincountyvirginiahistoricalsoc.org. Explore local history and research family roots. Annual special events. 🚗🗺️

Harvester Performance Center
450 Franklin St., Rocky Mount; 540-484-8277; harvester-music.com. Amazing sounds in a historic hardware store! 175 shows yearly!

Historic Boones Mill N&W Depot
24 Depot Dr., Boones Mill; 540-334-5404; townofboonesmill.org. National Register listed; built in 1892 and public restoration project.

Jubal A. Early Homeplace
455 Old Hollow Ln., Hardy; 540-719-0511; jubalearly.org. 1814 home of General Jubal Early. Listed in National Register, no admission fee. 🚗🗺️

Philpott Lake-Franklin County
1058 Philpott Dam Rd., Bassett; 276-629-2703. Swimming, boating, fishing, hiking, campgrounds, six beaches, nine boat launches.

Rocky Mount Center for the Arts
220 Franklin St., Rocky Mount; 540-483-1317; rockymountarts.org. Galleries, gift shop, regional art, artisan studios, and demonstrations. 🚗

Smith Mountain Lake
Moneta; 540-721-1203; visitsmithmountainlake.com. 500 shoreline miles. 🚗🐾

Smith Mountain Lake Community Park
1480 Parkway Ave., Moneta; 540-483-9293; playfranklincounty.com. Public beach access, fishing pier, walking trails, playground, and more. 🚗🐾🗺️

CONCERTS BY CANOE
Henry

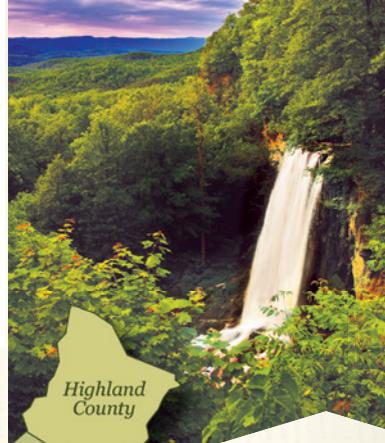


STEPHEN CATALANO

MATT ROBS

DREAM BIG

IN VIRGINIA'S
WESTERN HIGHLANDS



Along Virginia's western border, in the Allegheny mountain range, is a four-county region that is overflowing with authentic mountain charm, culture, scenery, and lots of adventures.

The outdoor scenery is nothing short of spectacular. From atop **Sounding Knob Fire Tower**, the 360° panorama stretches across multiple mountain ranges. The view of unspoiled wilderness of Potts Mountain near the town of **Paint Bank** is a reminder that wild places still exist. When nightfall comes, check out a view of galactic proportions. The dark sky conditions are ideal for stargazing, putting on a display that simply can't be found in a big city.

As gorgeous as they are, those mountains aren't just for decoration. There are big adventures waiting out

there. The whole family will enjoy paddling or tubing the **Jackson River** and then biking the nearby **Jackson River Scenic Trail**. The trails at **Douthat State Park** are some of the finest in Virginia for mountain biking, hiking and horseback riding. You won't have to exaggerate about the fish you'll reel in on **Lake Moomaw**, or one of the many rivers and mountain streams.

The scenic roads are peaceful and inviting, which makes them very popular for motorcycle rides and scenic drives. There are dozens of scenic byways, through quiet valleys and over mountains. Three of Virginia's most Instagrammed spots are roadside attractions — **Humpback Bridge**, **Falling Spring Falls** and **Dan Ingalls Overlook**.

Along those winding roads are lots of quaint towns to explore. It's no secret that small towns offer big fun. In the village of **Warm Springs**, visitors can relax in the mineral-rich **Warm Springs Pools**, which recently underwent a \$4.5 million restoration of these historic pools. Each year, the **Highland County Maple Festival** is one of the most unique festivals in the region, dubbed as "Virginia's Sweetest Event of the Year." In downtown **Clifton Forge**, the heart of the town's cultural scene is the **Historic Masonic Theatre**, where the community gathers for concerts and theatrical performances. **New Castle** is a classic frontier town with a farmers market, general store and a stunning mural that celebrates life in the mountains.



HUMPBACK BRIDGE

JACKSON RIVER SCENIC TRAIL

VIEW FROM NORTH MOUNTAIN

SCENERY

X3

EXPERIENCE A UNIQUELY ALLEGHANY TRIO OF SCENIC BEAUTY

THEY SAY GOOD THINGS COME IN THREES.
Don't miss the Instagram-worthy places that make us *Uniquely Alleghany*.

Plan a scenic three-day getaway at VisitAlleghanyHighlands.com

Allegheny Highlands OF VIRGINIA
540-962-2178 · 888-430-5786
#UniquelyAlleghany

VIRGINIA IS FOR MOUNTAIN LOVERS

COVINGTON · CLIFTON FORGE · IRON GATE · ALLEGHANY COUNTY

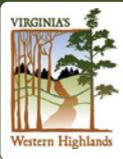
YOUR NEXT ADVENTURE AWAITS

CRAIG COUNTY

visitcraigcounty.com

CRAIG county
YOUR NEXT ADVENTURE AWAITS

VIRGINIA IS FOR MOUNTAIN LOVERS



EXPLORE VIRGINIA'S WESTERN HIGHLANDS, where mountain views, charming towns and outdoor fun can be found around every bend in the road.

LIFE IS SWEET IN HIGHLAND COUNTY, VIRGINIA!



As the least populous county in Virginia, we have room for you! Enjoy our maple syrup, fire tower, barn quilt trail, & more. Elevate your travel experience & come see us!



highlandcounty.org

Make Your Move!

VIRGINIA IS FOR MOUNTAIN LOVERS
virginia.org

Photos courtesy Terri & Doug Puffenberger, Crisp Pines, Blue Ridge Geographics, & David Cockerham

VIRGINIA'S NEWEST RAIL TRAIL

NOW CONNECTING ALLEGHANY & BATH COUNTIES

PEDAL, WALK OR RIDE
The Jackson River Scenic Trail

JACKSONRIVERTRAIL.COM

VIRGINIA IS FOR LOVERS

JACKSON RIVER SCENIC TRAIL
ALLEGHANY COUNTY, VA

Experiences *matter* HERE.

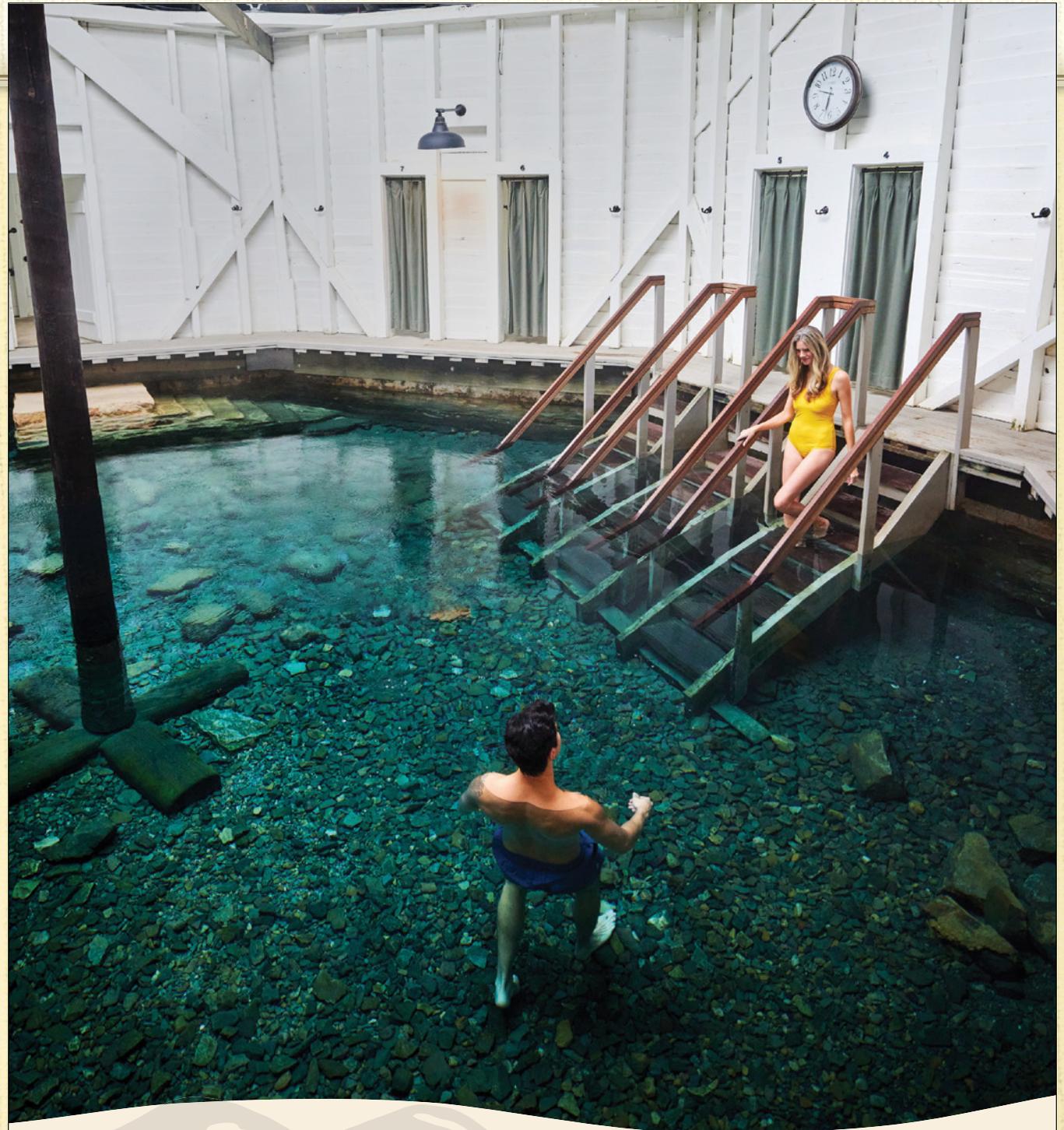


TIME
WORLD'S
GREATEST
PLACES
2024

Discover The Omni Homestead Resort, one of the nation's most beloved destinations. Nestled in the Allegheny Mountains, this iconic resort offers 483 exquisitely appointed guest rooms, more than 40 activities and a variety of culinary experiences.

THEOMNIHOMESTEAD.COM
800.838.1766

OMNI
HOMESTEAD



Visit Bath VIRGINIA

Nestled within the breathtaking landscapes of the Allegheny Mountains, Bath County, Virginia is a serene oasis of refuge and respite. Enveloped by the historic healing waters of our natural springs, the county offers a tranquil haven for those seeking solace and rejuvenation. Plan your stay today.

visitbathva.com



SALEM MEMORIAL BALLPARK SUITES AND DECKS
Salem



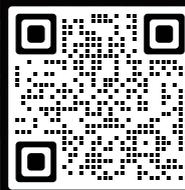
ROANOKE STAR ON MILL MOUNTAIN

VIRGINIA'S BLUE RIDGE

THERE'S STILL ADVENTURE OUT THERE

VISITVBR.COM

PLAN YOUR ADVENTURE



VIRGINIA IS FOR MOUNTAIN LOVERS



--- LIVE YOUR METRO MOUNTAIN ADVENTURE IN VIRGINIA'S BLUE RIDGE ---

HIGHLAND COUNTY

Includes McDowell, Monterey

Highland County Visitor Center

27 W. Main St., Monterey; 540-468-2550; highlandcounty.org/visitor-center. Brochures and information about local businesses, attractions, and events.

THINGS TO DO

Charles Pinckney Jones House Museum

144 W. Main St., Monterey; 540-468-2850; highlandcountyhistory.com/jones-mccoy-house. Beautifully restored 1850s home with history, gardens, and relaxing porch.

Highland County Barn Quilt Trail

Highland County, Monterey; 540-468-2550; highlandcounty.org/barn-quilt-trail. Find over 60 colorful wooden barn quilts around the county!

Highland County Museum

161 Mansion House Rd., McDowell; 540-396-4478; highlandcountyhistory.com. Explore Highland County's rich heritage and Civil War history!

Highland County Veterans Memorial and Walk of Honor

165 W. Main St., Monterey; 540-468-2347; highlandcova.org/veterans-memorial-highland-county. Highland County's tribute to area veterans.

Highland Wildlife Management Area

Highland County, Monterey; 804-367-1000; dwr.virginia.gov/wma/highland. Over 14,000 acres of outdoor recreation opportunities.

McDowell Battlefield

Just East of McDowell Along Rt. 250, McDowell; 540-396-4478; highlandcountyhistory.com/mcdowell-battlefield. Experience this unspoiled, mountain Civil War battlefield with interpretive signage.

Sounding Knob Fire Tower
Sounding Knob Rd., Monterey; 804-218-4525; highlandcounty.org/things-to-do. Climb over 100 steps for unspoiled views sunrise to sunset.

ROANOKE

Includes Vinton

Virginia's Blue Ridge Visitor Information Center

101 Shenandoah Ave. NE, Roanoke; 540-342-6025; visitvbr.com. Off I-81, Exit 143 and Parkway Milepost 120. Open daily.

Visit Virginia's Blue Ridge

101 Shenandoah Ave. NE, Roanoke; 540-342-6025; visitvbr.com. Virginia's Blue Ridge, a metro-mountain vacation destination.

THINGS TO DO

Center in the Square

1 Market Sq. SE, Roanoke; 540-342-5700; centerinthesquare.com. Historic nonprofit theater showing first run & vintage films.

Crystal Spring Pump Station

2012 South Jefferson St., Roanoke; 540-982-5465; roanokehistory.org. View the great fly-wheel rotating and the pistons pumping.

Eleanor D. Wilson Museum at Hollins University

8009 Fishburn Dr., Wetherill Visual Arts Center, Roanoke; 540-362-6532; hollins.edu/museum. Features the work of renowned, emerging, and regional artists.

Explore Park

BRP Milepost 115, 56 Roanoke River Parkway Rd., Roanoke; 540-427-1800; explorepark.org. Hiking trails, adventure course, disc golf, camping, and visitor center.

Grandin Theatre

1310 Grandin Rd. SW, Roanoke; 540-345-6377; grandintheatre.com. Historic nonprofit theater showing first run & vintage films.

Harrison Museum of African-Culture

1 Market Sq. SE, 2nd floor, Roanoke; 540-857-4395; harrisonmuseum.com. Showcasing the art and history of African Americans.

High Ground Veterans Monument

814 E. Washington Ave., Vinton; 540-983-0645; vintonva.gov. Honoring veterans who serve and who have served.

Jefferson Center

541 Luck Ave., Ste. 221, Roanoke; 540-345-2550; jeffcenter.org. Historic performing arts theater, art gallery.

Kids Square

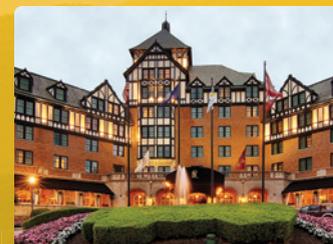
1 Market Sq. SE, Roanoke; 540-342-5777; kidssquare.org. Children's museum with miniature town, forest, interactive exhibits, and party spaces. \$

Mill Mountain Theatre

1 Market Sq. SE, Roanoke; 540-342-5740; millmountain.org. A year-round live professional regional theatre since 1964. \$

Mill Mountain Zoo

Mill Mountain Park, Roanoke; 540-343-3241; mmzoo.org. 183 animals, representing 70 species, miniature train, picnic area, views. \$



The Hotel Roanoke & Conference Center, Curio Collection by Hilton
(540) 985-5900
HotelRoanoke.com



The Inn at Virginia Tech and Skelton Conference Center
(540) 231-8000
InnatVirginiaTech.com



The Liberty Trust
(540) 299-5100
LibertyTrustHotel.com



Taubman Museum of Art
Daily Guided Tours at 1PM
(540) 342-5760
TaubmanMuseum.org



Lunch on the Trail, then dinner, drinks and lodging in Historic Downtown Salem.
VisitSalemVa.com



Roanoke-Blacksburg Regional Airport
(540) 362-1999
FlyROA.com



Sinkland Farms & Event Venue
"3rd Best Pumpkin Patch in the Nation" - USA Today
SinklandFarms.com



HAY ROCK HIKE
Daleville

KELLY PARK

HANNAH ARMSTRONG

O. Winston Link Museum

101 Shenandoah Ave. NE, Roanoke; 540-982-5465; roanokehistory.org. Highlighting the photography of O. Winston Link. \$

Roanoke-Blacksburg Regional Airport

5202 Aviation Dr. NW, Roanoke; 540-362-1999; flyroa.com. Offering more than 40 scheduled flights daily, providing nonstop service from Roanoke to eight major cities.

Roanoke History Museum

101 Shenandoah Ave. NE, Roanoke; 540-982-5465; roanokehistory.org. Exhibits and programs on the history of western Virginia. \$

Roanoke Pinball Museum

1 Market Sq. SE, Roanoke; 540-342-5746; roanokepinball.org. Over 60 pinball games to play and rentable party space. \$

Roanoke Star & Overlook, Mill Mountain

Blue Ridge Parkway, Milepost 120, 2000 JB Fishburn Pkwy., Roanoke; 540-853-1236; playroanoke.com/the-roanoke-star. 100-foot historic man-made star on Mill Mountain. Beautiful scenic overlook.

The Roanoke STARCADE

1 Market Sq. SE, Roanoke; 540-342-5747; roanokestarcade.org. Over 60 vintage and popular arcade games and party space.

Science Museum of Western Virginia

1 Market Sq. SE, Roanoke; 540-342-5710; smwv.org. A variety of exhibits that span the spectrum of science. \$

Splash Valley Water Park

7415 Wood Haven Rd., Roanoke; 540-777-6300; splashvalleywaterpark.com. Outdoor water park featuring slides, a current river, children's sprayground and more!

Taubman Museum of Art

110 Salem Ave. SE, Roanoke; 540-342-5760; taubmanmuseum.org. Inspiring art exhibitions, educational programs, fun events - family friendly! Daily guided tours at 1pm.

Vinton History Museum

210 E. Jackson St., Vinton; 540-342-8634; vintonhistorymuseum.org. An educational, fun, and free experience for everyone!

Virginia Museum of Transportation

303 Norfolk Ave. SW, Roanoke; 540-342-5670; vmt.org. Virginia's official transportation museum. Locomotives, antique automobiles, aviation. \$

SALEM

Salem Visitor's Center

1001 Roanoke Blvd., Salem; 540-375-4044; visitsalemva.com. Visitors Center with information on Salem & Virginia's Blue Ridge.

THINGS TO DO

Dixie Caverns

Directly off I-81 at Exit 132, 5753 W. Main St., Salem; 540-380-2085; dixiecaverns.com. Cavern tours, gift and rock shop, and antiques mall, campground. Open all year. \$

Downtown Salem Historic District

Main St. from Academy St. to College Ave., Salem; 540-375-4044; visitsalemva.com. National Historic District encompassing 34 buildings dating from late 19th and early 20th century. Features eateries, brewery, gift shops, and Roanoke College Campus. \$

Olde Salem Brewing Company

21 E. Main St., Salem; 540-404-4399; oldesalembrewing.com. Nestled on Salem's historic Main Street, Olde Salem Brewing Company offers craft beer in a warm, pet-friendly setting, blending history, community, and passion into every glass.

Outdoors In Salem

110 Union St., Salem; 540-375-4044; visitsalemva.com. Near Salem you find the Appalachian Trail and McAfee Knob, mountain biking at Carvin's Cove plus in-town Roanoke River Blueway for kayak and canoe and miles of greenway.

Parkway Brewing Company

739 Kessler Mill Rd., Salem; 540-404-9810; parkwaybrewing.com. Just 10 minutes from McAfee's Knob, Parkway Brewery offers award-winning craft beer and a vibrant, welcoming community. It's the perfect spot to relax and celebrate after an adventurous day outdoors.

Salem Museum

801 E. Main St., Salem; 540-389-6760; salemuseum.org. Explore 300+ years of regional history, art, culture, and sports.

Salem's 9-11 Memorial

216 S. Broad St., Salem; 540-375-3081; visitsalemva.com. Lasting tribute to 9/11 located at SFD Station #1.

Shrewd Outdoors

201 E Main St., Salem; 540-378-4618; shrewdoutdoors.com. Shrewd Outdoors is Southwest Virginia's premier destination for archery enthusiasts. Grab a beer from our onsite taproom and explore a wide range of gear for archery, hiking and trail running.



GLAMPING AT THE DEPOT LODGE
Paint Bank

SMITH MOUNTAIN LAKE

Includes Hardy, Huddleston, Moneta, Sandy Level

Smith Mountain Lake Regional Chamber of Commerce and Visitors Center
Bridgewater Plaza, Ste. 2, 16430 Booker T. Washington Hwy., Moneta; 540-721-1203; visitsmithmountainlake.com. "Jewel of the Blue Ridge."

THINGS TO DO

Booker T. Washington National Monument

12130 Booker T. Washington Hwy., Hardy; 540-721-2094; nps.gov/bowa. Birthplace of Booker T. Washington. Open daily, 9am-5pm.

Smith Mountain Lake Dam Visitors Center

2072 Ford Rd., Sandy Level; 540-985-2587; smithmtn.com. At the visitors center overlooking the dam, you'll enjoy learning how electricity is generated.

Smith Mountain Lake State Park

1235 State Park Rd., Huddleston; 540-297-6066; virginiastateparks.gov/smith-mountain-lake.

Your *Free* Retirement Guide

Retire in the Blue Ridge Mountains: Roanoke, Blacksburg, Lynchburg and Smith Mountain Lake.

Retire-VA.com