This 70-mile-long peninsula that separates the Chesapeake Bay from the Atlantic Ocean attracts many for its endless shoreline. Traveling to the Eastern Shore is an excursion in its own right; it’s accessible from Virginia only by the Chesapeake Bay Bridge-Tunnel, beckoning 360-degree panoramic water views. With its unique position, this region maintains spellbinding terrain, culture and wildlife.

The Islands
The Eastern Shore is home to 14 barrier islands with preserved rugged beauty. Visiting any island is a treat, from their fantastic beaches to fresh seafood. And, we can’t forget the breathtaking views.

The Wildlife
More than 78,000 acres of preserved parks, refuges, preserves and a national seashore reflect the priority given to protecting beautiful natural habitats, and the biodiversity is something to marvel at. The Eastern Shore offers opportunities to see wild horses, go bird watching and more.

Charming Coastal Towns
Tucked throughout the region are charming towns holding histories you won’t find anywhere else. With BnBs, local restaurants and endless waterfront views, you’ll definitely feel inclined to stop in and stay awhile.

WHAT WE RECOMMEND FOR FIRST-TIMERS
Chincoteague Island
This treasured destination is one of the few places in the country where you can see majestic wild ponies. After viewing the island’s impressive wildlife, you can rent bikes, take a stroll or even go for a swim at the nearby Assateague Beach.

Explore Cape Charles
On the southern end of the Eastern Shore lies a town with something for everyone. Cape Charles sports the charm, with awesome local businesses, Victorian homes and sandy beaches with calm Bay waters. The best part is it’s right off the Chesapeake Bay Bridge-Tunnel.

Wallops Visitor’s Center
Channel your childhood astronaut dreams at one of NASA’s only four rocket launch facilities in the U.S. This flight center welcomes visitors to explore space and their past missions at their visitors center, open Tuesday through Sunday.

LOCAL FAVORITES
Four Brothers Crab Shack
You can’t visit the Chesapeake Bay without a great seafood meal. Locals venture to Four Brothers Crab Shack on Tangier Island for a casual, delicious meal, great for the whole family!

Island Creamery
Ice cream pairs with a beautiful day by the water in Chincoteague. This shop is a local favorite, serving homemade, unique ice cream flavors. After one bite, this place will bring out the kid in anyone.
Welcome Center at
New Church
Virginia Tourism Corporation
U.S. 13, 3420 Lankford Hwy.
New Church, VA 23415
757-824-5000
Eastern Shore of VA Chamber of Commerce
19056 Parkway, Melfa; 757-787-2460; esvachamber.org. Contact for Eastern Shore information.
Eastern Shore of VA Welcome Center
32383 Lankford Hwy., Cape Charles; 757-331-1660; visitesva.com. Open seven days a week, 9am-5pm.
Eastern Shore of Virginia Tourism Commission
19056 Parkway, Melfa; 757-787-8268; visitesva.com. Chesapeake Bay Bridge-Tunnel
32386 Lankford Hwy., US 13, Cape Charles; 757-331-2960; cbbt.com. An engineering marvel spanning the Chesapeake Bay (toll road).
Eastern Shore of Virginia National Wildlife Refuge
5003 Hallett Cir., Cape Charles; 757-331-2760; fws.gov/refuge/eastern_shore_of_virginia.
Seaside Water Trail
804-498-4325; deq.state.va.us/coastal/. Discover serene and hidden waterways. Find a unique shoreline heritage.
Virginia Barrier Islands
757-331-1660; experienceonancock.com. The East Coast’s longest string of wild barrier islands.
Virginia Birding & Wildlife Trail
804-367-1000; dgif.virginia.gov/vbwt/coastal-trail. Stop at designated areas along 70-mile-long peninsula.

Start your visit at experienceonancock.com