

VIRGINIA IS FOR LOVERS[®]



Beaches to Mountains Getaway in Virginia

From the beaches to the mountains and everything in between, your five-day Virginia itinerary will allow you to experience a taste of it all. From the hustle and bustle of metropolitan centers to quaint towns filled with Southern charm, there is a pace that is just right for you. With 300+ wineries, 300+ craft breweries, world-renowned historic sites, and a vibrant arts scene, there is always something new to see and do. With five days to explore, you will get to experience many of Virginia's famous attractions and activities and discover why "Virginia is for Lovers."

Day 1 – Virginia Beach

Your five-day Virginia getaway begins in [Virginia Beach](#). Whether you like tranquil and serene beaches, or a more cosmopolitan vibe, the Virginia Beach area will have a beach that is perfect for you. Not only are the beaches along the Atlantic Ocean and Chesapeake Bay pristine, with beautiful blue waters, Virginia Beach offers a variety of truly unique and unforgettable experiences.

Try your hand at [horseback riding on the beach](#), or for those who want to get more up close and personal with the water and the wildlife, [kayaking with dolphins](#) is sure to leave a lasting impression. Ride the gentle waves in sit-on-top ocean kayaks, while you take a guided tour and discover the fascinating and fun world of the bottlenose dolphins that call these waters home.

Get ready to dazzle your taste buds with some of the region's impressive culinary offerings. Fine dining options abound in this city by the sea and seafood lovers are in for a treat, as the fresh catch found in Virginia Beach offers an unparalleled epicurean experience.



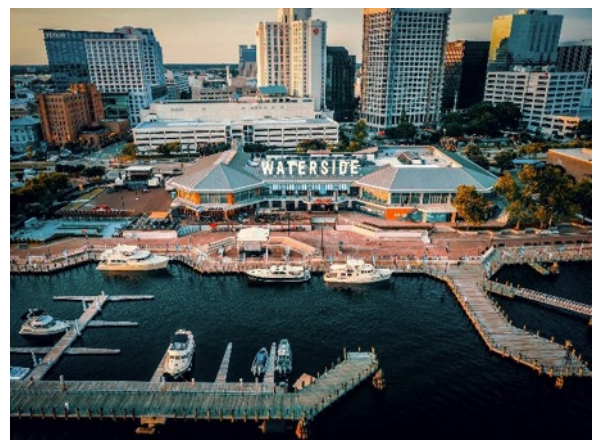
Dubbed the oyster capital of the East Coast, Virginia has [eight distinct oyster regions](#). Try a few from each area and then pick your favorite. Some are salty, some are sweet, but they are all succulent and delicious – and they pair beautifully with a glass of Virginia wine! Check out [Pleasure House Oysters](#) for an unforgettable Virginia oyster experience (pictured left).

You will find a plethora of lodging options on the beach and beyond, ranging from luxury hotels and resorts to charming bed & breakfasts, and even camping & cabins, for a more rustic experience. For the ultimate luxury accommodation, check out [The Cavalier](#), located on the Virginia Beach oceanfront. This restored Marriott Autograph Collection property is one of Virginia’s most iconic properties and has welcomed ten United States Presidents over the years.

Day 2 – Norfolk

Begin your second day in Virginia by driving to nearby [Norfolk](#) and exploring the [Hampton Roads Naval Museum](#), an official museum of the United States Navy, dedicated to the study of more than 240 years of naval history in the Hampton Roads region. Take a self-guided tour of the [Battleship Wisconsin](#), one of the largest and last battleships ever built by the U.S. Navy, which rests in Norfolk’s waters.

Now it’s time to explore the new and revitalized [Waterside District](#), an area buzzing with trendy restaurants and entertainment (pictured right). Dining options are plentiful, and you can even indulge your sweet tooth at [Carolina Cupcakery](#), an establishment recently featured on the Food Network’s hit television series *Cupcake Wars*.



Spend your afternoon enjoying a combination of the Norfolk area’s top attractions, including the [Norfolk Botanical Garden](#), the [Virginia Zoo in Norfolk](#), or the [Chrysler Museum of Art](#). Space enthusiasts will love a trip to the [Virginia Air & Space Center](#) located in nearby [Hampton](#). Serving as the official visitor center of NASA Langley Research Center, the

Virginia Air & Space Center features a variety of interactive STEM (science, technology, engineering, and mathematics) exhibits, more than 30 historic aircraft, a hands-on space gallery, and unique space flight artifacts. Next up, get ready for a night of dining and fun in downtown Norfolk at one of the region's popular restaurants, followed by a restful night at one of Norfolk's many inviting hotels.

Day 3 – Charlottesville, Virginia



Discover the rolling hills of Central Virginia, and the quaint, historic city of [Charlottesville](#). Offering a superb taste of Virginia's history and charm, Charlottesville is home to [Thomas Jefferson's Monticello](#) (pictured left) and the [University of Virginia](#) (both UNESCO World Heritage sites), more than 40 wineries, and a charming pedestrian avenue filled with restaurants and boutique shops. Visit Thomas

Jefferson's Monticello to learn more about how the third President of the United States lived at his beloved mountaintop home. Explore the grounds, including Jefferson's prized gardens, located adjacent to the home.

Next up is a visit to Charlottesville wine country. With more than 40 vineyards and wineries located along the [Monticello Wine Trail](#), the landscape is teeming with grapevines, just as Jefferson had envisioned several hundred years before. In addition to wineries, you can also sample offerings from several craft breweries, artisanal cideries, and distilleries.

One of Charlottesville's most popular attractions is the [historic pedestrian Downtown Mall](#) (pictured right). This eight-block avenue paved with brick, runs through the heart of Charlottesville and serves as a culinary, shopping, and arts hub. You can shop at one of the locally owned boutiques, then dine and grab a drink at one of the many unique, trendy, or upscale restaurants. Live music and performances also regularly take place at the historic [Paramount Theater](#), [The](#)



[Jefferson Theater](#), the [Southern Café & Music Hall](#), and [Ting Pavilion](#), an outdoor amphitheater on the Downtown Mall.

Day 4 – Charlottesville & Staunton

Start day 4 with breakfast from the legendary [Bodo's Bagels](#), an iconic Charlottesville establishment. This restaurant has gained national recognition over the years for the bagel bliss it consistently provides with its loyal patrons.

Spend your morning strolling the grounds of the prestigious [University of Virginia](#), which Thomas Jefferson founded and designed. Before departing Charlottesville, visit the room once occupied by the melancholic writer Edgar Allan Poe, when he was a student at the University of Virginia, and then look across the street, where several panels of the Berlin Wall are on display.



A short and scenic drive will take you up and over mountains and then finally back down into the [Shenandoah Valley](#) and the idyllic city of [Staunton](#). Like Charlottesville, Staunton (pictured left) is a relatively small city, but it offers a wide array of activities and attractions. Start your afternoon in Staunton with a visit to the [Frontier Culture Museum](#). This living-history museum is one of Staunton's top attractions and tells the

story of the people who migrated from the Old World to America and the lives that they created for themselves in the Shenandoah Valley.

Stop by the [Woodrow Wilson Presidential Library and Museum](#) for another interesting dose of local Virginia history. Woodrow Wilson, the nation's 28th President, was born in Staunton and served as the leader of the country from 1913 to 1921. Adjacent to this museum is Wilson's actual birthplace, which is available for tours. Enjoy a delightful dinner at one of Staunton's popular restaurants before settling in for a comfortable night at the [Hotel 24 South](#), located in the heart of downtown Staunton.

Day 5 – Skyline Drive & Luray Caverns

Depart Staunton for [Skyline Drive](#) (pictured right), a scenic highway that twists and turns through the [Shenandoah National Park](#). A drive on this renowned roadway will present you with Virginia's breathtaking beauty, at a slow, relaxed pace, while driving at several thousand feet above sea level, surrounded by majestic mountains. There are also scenic overlooks, hiking options, or you can get lunch at [Skyland](#).



As you drive north on this scenic route, make a detour to [Luray Caverns](#), the largest caverns in the eastern United States (pictured left). You will feel like you have descended into another world, with large stalactites and stalagmites protruding from every corner of these mammoth caves. This geological wonder is also home to the Great Stalacpipe Organ, the world's largest musical instrument, which will serenade you with its uniquely unforgettable and haunting tones. Before beginning your journey home, pick up a few souvenirs to fondly remind you of your visit to Virginia for many years to come.
