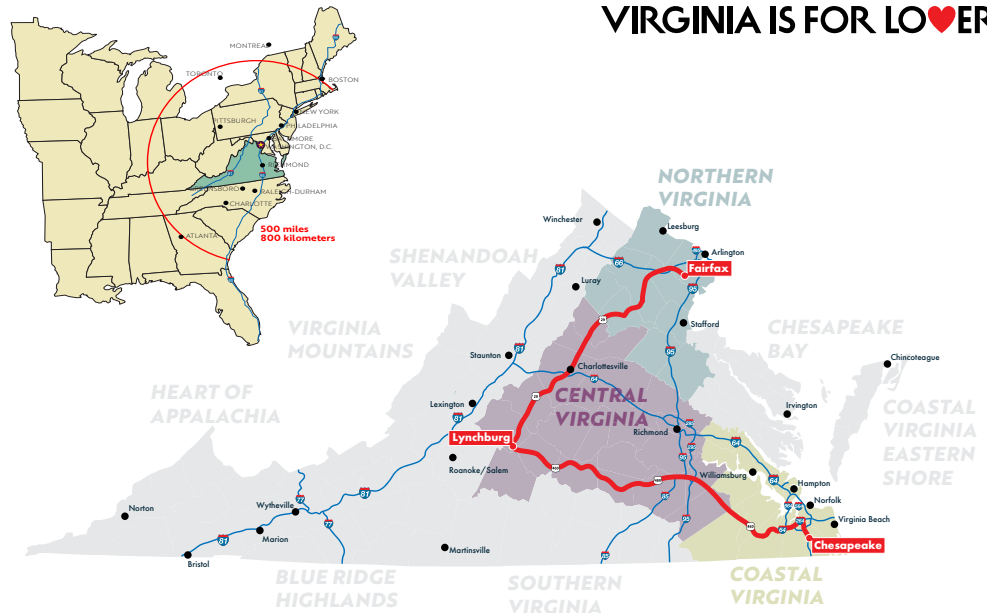
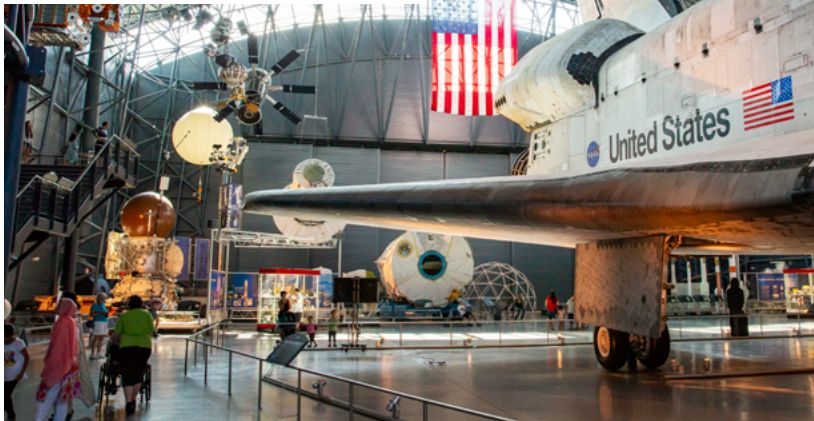


# A ROAD TRIP THROUGH VIRGINIA

Highlighting Fairfax, Lynchburg, and Chesapeake

## Day 1: Fairfax County

Fairfax County enjoys the best of both worlds: proximity to Washington, DC with a unique history of its own. Step back in time at an 18th century president's home and then jump into the future by viewing spectacular spacecraft all in one day. Ranger-led nature walks along the Potomac River, chocolate-making classes and a picnic under the stars while enjoying a musical performance are just a sample of the unique experiences you can expect to enjoy.



## ITINERARY

Start at George Washington's Mount Vernon with a mansion tour. Head to the distillery and gristmill to learn from the master distiller how Washington made his famous rye whiskey. Lunch at the Mount Vernon Inn to enjoy dishes from Washington's lifetime, including Virginia's famous peanut soup and a delicious pot pie!

Proceed to the National Museum of the U.S. Army. Opened in November 2020, the museum highlights the Army's direct influence on our nation socially, technologically, scientifically, financially, and culturally. Enjoy the multi-sensory theater, fully interactive Experiential Learning Center, cutting edge simulation and virtual reality experiences.

Last stop is the Workhouse Arts Center. This former prison-turned-arts-haven is home to 60+ artists. Tour the onsite Lucy Burns Museum and learn about the site's 91 years of prison history. Suffragists picketing the White House for women's right to vote were imprisoned and force-fed. Notorious criminals were also held at the Workhouse like Watergate mastermind G. Gordon Liddy along with local celebrities like Chuck Brown and Petey Greene. Some of our nation's most remarkable performers like Frank Sinatra, Ella Fitzgerald, and Duke Ellington performed on the site. End the day with a thrilling murder mystery dinner there!

## ADDITIONAL ACTIVITIES

- Surround yourself in the intimate ambiance while attending a performance inside a 1700's barn at The Barns of Wolf Trap.
- Tour George Mason's Gunston Hall or enjoy a cocktail by candlelight experience.
- Indulge in confections at River-Sea Chocolates with a wine and chocolate pairing experience or create and decorate your own chocolate bar.
- Take in eye-popping space and aircraft at the Smithsonian National Air and Space Museum Udvar-Hazy Center.
- Join a park naturalist for a twilight boardwalk stroll at Huntley Meadows Park.



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## Day 2: City of Lynchburg

A cosmopolitan oasis, in the midst of pastoral Central Virginia, Lynchburg was built by vigorous industry along the banks of the James River. The City's landscape and personality are shaped by the river's rolling waters, the majestic Blue Ridge Mountains as backdrop, and the iconic architecture of seven Historic Districts and Downtown buildings. Travelers come to experience the arts scene, popular events, iconic places to explore, and abundance of natural beauty and recreational adventures.



### Andrew Marks

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[LynchburgVirginia.org/Things-to-do/Groups](https://lynchburgvirginia.org/Things-to-do/Groups)

## ITINERARY

Begin your day at the Lynchburg Visitor Center where you will meet your step-on guide who will take you on a tour of Lynchburg's seven nationally designated Historic Districts. These prosperous neighborhoods sprang up during the mid to late 19th century when tobacco tycoons, captains of industry, doctors, and attorneys made Lynchburg one of the wealthiest cities in the nation for its size. While on this tour, you will also visit Lynchburg's history park, the Old City Cemetery Museums & Arboretum; Point of Honor Historic Home, the residence and medical museum of Dr. George Cabell; and the memorials placed upon the 139 steps of Monument Terrace.

Enjoy lunch in the eclectic dining space at the Depot Grille along the Riverfront, housed in a former freight station.

After lunch, you'll tour the Anne Spencer House & Garden Museum, home of the internationally acclaimed poet who was part of the Harlem Renaissance and a local Civil Rights leader. She entertained dignitaries such as Martin Luther King, Jr. and E.B. DuBois. Take time to sit in the beautiful garden, which served as Spencer's inspiration for much of her poetry.

The docents at the Lynchburg Museum at the Old Court House will regale you with stories of the fascinating people and events that shaped Lynchburg and the Central Virginia area. Rotating exhibitions and the museum's permanent collections fill in the details and provide a visual representation of life in Lynchburg through the past two centuries.

Finish your day along the Bluffwalk for a taste of local flavor. This pedestrian walkway overlooks the James River and the Blue Ridge Mountains in the distance. A stroll along the walkway leads you to restaurants with outdoor dining opportunities, public art, and fantastic views.

## ADDITIONAL ACTIVITIES

- Experience the innumerable species we share this planet with at SeaQuest petting zoo aquarium.
- Tour Thomas Jefferson's innovative retreat home and architectural masterpiece, Poplar Forest.
- Go extreme with year-round skiing, snowboarding and tubing, while taking in the breathtaking views from Liberty Mountain Snowflex Centre.
- "Buy Local" at the Lynchburg Community Market, the third oldest continuously running farmers market in the Country.
- Sit in the luxurious seats of the Historic Academy of Music Theatre to enjoy a music or theatrical performance.

## Day 3: City of Chesapeake

Any season is the perfect reason to bring your adult, senior, and student groups. It's an outdoor lovers' paradise with plenty of activities for those who need to escape from life's stresses. Our central location and wonderful year-round weather make us a favorite destination. Once here, you are less than 30 minutes from Downtown Norfolk or the Virginia Beach Oceanfront. Offering exciting itineraries and an unbeatable group value for history buffs, shopaholics, and outdoor enthusiasts.



### ITINERARY

Great Bridge Battlefield & Waterways Museum. The Revolutionary War Battle of Great Bridge on December 9, 1775 was the first significant land victory in the South. It was one of the earliest and shortest battles of the American Revolution, yet one of the most important as the victory here led to the British retreat from Virginia. At this site, learn about "Dunmore's Royal Ethiopian Regiment" who fought for liberty on the side of the British and about William "Billy" Flora, a black man born free. His bold action on the side of the Patriots delayed the British attack.

Next, hike the scenic South Norfolk Jordan Bridge. This marvel is higher than the Brooklyn Bridge and connects Chesapeake to Portsmouth, providing spectacular views of the Elizabeth River.

On to the Dismal Swamp Canal, which is listed on the National Register of Historic Places and recognized as a National Civil Engineering Landmark. The Dismal Swamp Canal Company began the digging of the canal in 1793. The canal was dug by people who were enslaved. Twelve years later, the canal became a vital waterway for travel and commerce. Maroon Communities, in the depths of the Great Dismal Swamp, were formed by enslaved people seeking freedom and survived for generations.

Visit the Superintendent's House where tolls were paid by those using the canal. At various times in history, the house was a lumber company store, tearoom and more. Designated as an Underground Railroad Network to Freedom Site. Moses Grandy was an enslaved man whose work as a boat captain was a key part of the business of trade along the newly formed canal. He bought his freedom three times after being cheated in various ways.



### ADDITIONAL ACTIVITIES

- Fly fishing demonstration - learn how to cast and tie a knot. Kayaking, paddle boat or canoeing at Northwest River Park.
- Visit Coastal Virginia's only Lock Parks! Great Bridge and Deep Creek.
- Chesapeake Arboretum consisting of 2 acres of gardens, the Caleb Williamson Farmhouse, 48 acres of woodlands, 3.5 miles of trails.
- Get your steps in on the Black Bear Trail. It's a mile-long favorite for hiking. Tasting at Big Ugly Brewery.
- Birdwatching since the 17th Century, Chesapeake is home to more than 200 species including Bald Eagles, Hawks, Merlins, Song Sparrows.



**Chesapeake**  
VIRGINIA

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