



EDMOND TRAILS MAP

Edmond
A GREAT PLACE TO GROW



OVER
40
MILES OF TRAILS

Linking Arcadia Lake, Downtown Edmond, and UCO—where scenic routes meet signature events like Cycle 66.

EDMOND TRAILS

The City of Edmond is home to more than 40 miles of trails and is constructing more every year to connect the city to Arcadia Lake, Downtown Edmond, and to the University of Central Oklahoma. The trails below are safe, scenic and a fun way to exercise and get around Edmond. Go to VisitEdmondOK.com to learn more about the trails and events.



Find out more about biking in Edmond, including trail details, upcoming events and our bicycle committee.



Safety Guidelines & Trail Etiquette

Help make trails safe and enjoyable for everyone by following these guidelines.

- Keep right, pass on the left, move off the trail when stopping
- Be courteous, yield appropriately, announce your approach
- Be predictable, use hand signals, equip bikes with a white front light and red taillight for travel before dawn and after dusk
- Be respectful of private property
- Dogs must be on a leash and reined in to within four feet. Dog handlers must clean up after their dogs and dispose of dog waste in a sanitary manner

Prohibited Activities

Motorized equipment is prohibited, except official and emergency vehicles, powered mobility devices for persons with disabilities, and pedal assisted e-bicycles.

Emergency Numbers

For trail emergencies dial 911

NORTHWEST

MITCH PARK TRAIL | 3 MILES

1501 West Covell Road

Loops around the home of Mathis Brothers Skate Park, a disc-golf course, Edmond Senior Center, the Mitch Park YMCA and more.

COFFEE CREEK TRAIL | 2 MILES

2801 Shortgrass Road

This trail also connects to the Mitch Park Trails via the sidepath on Covell Rd. Go north on the Kelly Avenue sidepath across the street from Mitch Park and turn east onto the trail at Prairie Village Drive. This 2-mile paved trail runs east-west along the north side of the neighborhood and ends at North Boulevard.

THOMAS TRAIL | .5 MILE

1905 Ryan Way

Thomas Trail runs south from the sidepath on Covell Road providing a convenient connection to Mitch Park, about a ½ mile west. Thomas Trail leads to Westborough Park, a small neighborhood park.

SOUTH

BICKHAM-RUDKIN PARK TRAIL | 1.25 MILES

379 East 33rd Street

Next door to the Edmond Dog Park, this trail features a north loop that circles a tallgrass prairie and a south loop that circles the Margaret Annis Boys Centennial Arboretum. Cross Smiling Hill Blvd to enjoy the 2.5-mile Eagle Trail that loops around the beautiful campus of Oklahoma Christian University.

EAST

ARCADIA LAKE TRAIL | 4 MILES

Edmond Park | 7100 East 2nd Street

Post Road | 1387 South Post Road

This trail runs from below the dam on the east side of Arcadia Lake to Edmond Park and the UCO Boathouse. A new segment of trail, recently completed, has extended the Arcadia Lake Trail to a connection with the Spring Creek Trail!

SPRING CREEK TRAIL | 3 MILES

Spring Creek Park | 7200 East 15th Street

Integris Hospital | 4509 Integris Parkway

This trail runs from below the dam on the east side of Arcadia Lake to Edmond Park and the UCO Boathouse (at Midwest Blvd) along Route 66. A new segment of trail, recently completed, has extended the Arcadia Lake Trail to a connection with the Spring Creek Trail.

FOX LAKE TRAIL | 1.5 MILES

2301 West I-35 Frontage Road

Winds behind Walmart and Sam's Club passing Fox Lake and connecting to Spring Creek Trail. Follow sidepaths on Fox Lake Lane and the I-35 Frontage Road to connect to the Spring Creek Trail.

CENTRAL

HAFER PARK TRAIL | 1.7 MILES

1034 South Bryant

Loops around Edmond's signature park, featuring a lush forest, quiet pond, children's playgrounds, art sculptures, and more.

FINK PARK TRAIL | 1 MILE

800 East 2nd Street

Winds through tall trees, across from the University of Central Oklahoma to Hafer Park.

TIPS FOR BEING A SAFE CYCLIST



OBEY TRAFFIC SIGNALS & SIGNS



LOOK BEFORE ENTERING TRAFFIC AND CHANGING LANES



RIDE WITH TRAFFIC



STOP



RIGHT



LEFT

USE HAND SIGNALS



BE BRIGHT AT NIGHT



WEAR A HELMET



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UNIVERSITY OF
Central Oklahoma



CENTRAL CYCLE



EDMONDOK.GOV



ARCADIA LAKE MOUNTAIN BIKE TRAILS

ARCADIALAKEOK.COM/TRAILS

Arcadia Lake offers more than 35 miles of natural surface trails for every type of rider. The South Trails are perfect for beginners and are accessible from the Integris Hospital Trailhead at 4503 Integris Parkway.

The West Trails are more challenging but still beginner friendly. The best access point for the West Trails is from the parking area near the Arcadia Lake Park Office at 9000 E 2nd St. The Dam Trails feature sandstone obstacles, lumber and rock features and plenty of flowy single track, suitable for more intermediate riders. Along with the Postmortem area, these are the most challenging trails in the group.

Although these can also be reached from the Park Office Trailhead, the best access is from the Post Road Trailhead a mile south of Route 66 on Post Rd (1387 S Post Rd).



For More Information on Arcadia Lake MTB Trails Visit RideOMBA.org/Trails

TYPES OF BIKE FACILITIES



MULTI-USE TRAIL



SIDEPATH



BIKE LANE



BUFFERED BIKE LANE

ON-STREET WAYFINDING



SHARED LANE MARKINGS



NEIGHBORHOOD WAYFINDING

