

MOUNTAIN BIKING

in New Hampshire's WESTERN White Mountains

White Mountains Visitor Center
200 Kancamagus Highway/Rte 112
North Woodstock, NH 03262
603-745-8720
VisitWhiteMountains.com

Loon Mountain Resort *

(800) 229 5666

60 Loon Mountain Road, Lincoln, NH 03251
loonmtn.com

Ride purpose-built downhill mountain biking trails in the beautiful White Mountain National Forest and cross-country terrain via the East Ridge Trail Network. Kancamagus 8 and the Governor Adams Lodge Base Area are the new bike headquarters at Loon.



Bretton Woods Adventure Center *

(603) 278 4437

99 Ski Area Road, Bretton Woods, NH 03575
brettonwoods.com

Enjoy the scenery of Mount Washington Resort by bike on the expansive Alpine or Valley Trail Mountain Biking Systems. Choose from double- and single-track trails, plus fat bike rentals available.



Waterville Valley Adventure Center *

(603) 236 4666

1 Ski Area Road, Waterville Valley, NH 03215
waterville.com/biking

Waterville Valley offers trails for everyone – travel around town on paved roads, pick up some speed on the lift serviced trail system, or explore the National Forest in a new way on the Valley's vast cross-country trails.

Bike Rentals & Gear * [ebikes for rent](#)

Franconia Basecamp – Franconia*

White Mountain Bike Shop – Franconia *

Loon Adventure Center – Lincoln *

Littleton Bike + Fitness – Littleton *

Rhino Bike Works – Plymouth

Waterville Valley Adventure Center – Waterville

Local Trails * [Maps available upon request](#)

Ammonoosuc Rail Trail – Woodsville to Littleton

Bethlehem Trails – Bethlehem *

Dow + Fox Hill Trails – Franconia *

Franconia Notch Bike Path – Lincoln *

Gyroscope Trail System - Plymouth*

Lincoln Bike Path – Lincoln *

Lincoln Woods Trail – Lincoln *

Loon Cross Country Ski Trails – Lincoln *

Pondicherry Rail Trail – Jefferson *

PRKR Mountain Trails – Littleton *

Profile Trails Network – Franconia, Easton + Sugar Hill *

Waterville Valley Bike Trails – Waterville *

Clubs & Associations

Bethlehem Trails Association – bethlehemtrails.org

Bike the North Country – bikethenorthcountry.com

Franconia NEMBA – nemba.org/chapters/fanemba

Littleton Landsharks – littletonbike.com

North Country Tricycle – tricyclenh.com

Pemi Valley NEMBA – nemba.org/chapters/pemi-valley

PRKR MTN – prkrmtn.org

Other Resources

Bike the Borderlands – bikeborderlands.com

Cross NH Adventure Trail – xnhat.org

MTB Project – MTBproject.com

New England Mountain Bike Assoc. – NEMBA.org

NH Rail Trails Coalition – nhrtc.org

Trailforks – TrailForks.com

White Mountain Ride Guide by Marty Basch



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Cranmore Bike Park*

(800) SUN N SKI

1 Skimobile Road, North Conway, NH 03860

cranmore.com

Adventure awaits with family-friendly lift-serviced, downhill mountain biking. Terrain for all ability levels - easy going smooth flow trails, to more technical single-track terrain. Small group friends & family lessons are available.



Great Glen Trails Outdoor Center*

(603) 466 3988

1 Mt. Washington Auto Road, Gorham, NH 03581

greatglentrails.com/biking

The smooth and well-marked carriage roads let riders explore the forest and take in the mountain views while the wooded single track is perfect for more adventurous riders. All ages & abilities Summer Mountain Bike Race Series.



Purity Spring Resort

(603) 367-8896

1251 Eaton Road, Madison, NH 03849

purityspring.com/activities/on-land/attraction/mountain-biking/

Trails roam around Purity Lake & throughout some of the 1000 acres of property. For most of the network, the challenge level ranges from upper beginner to intermediate and includes paved roads, dirt roads & a Nordic trail network featuring wider paths similar to logging road trails.

Bike Rentals & Gear

**[ebikes for rent](#)*

Great Glen Outfitters – Gorham *

Gorham Bike & Ski – North Conway

Great American Ski Renting – North Conway *

Red Jersey Cyclery – North Conway

REI – North Conway *

White Mountain Ski Company – Jackson*

Stan and Dan Sports – North Conway *

Sun & Ski Sports – North Conway *

Local Trails

**[Maps available upon request](#)*

Albany Town Forest – Albany*

Bartlett Experimental Forest – Bartlett

Saco River Trail - Bartlett*

Coos Trails – Gorham*

Moose Brook State Park Trails – Gorham*

Black Cap – North Conway*

East Side Trails – North Conway *

Echo Lake State Park – North Conway*

Hurricane Mountain Trails – North Conway

Pine Hill Community Forest – North Conway

Pudding Pond – North Conway*

Marshall Conservation Area – North Conway*

Moat Mountain Trails – North Conway*

Mountain Division Trail – Fryeburg, ME

West Side Trails – North Conway

Whitaker Woods – North Conway*

Clubs & Associations

Coos Cycling Club – cooscyclingclub.org

Mt. Washington Valley Bicycle Club –

mwvbicyclingclub.org

MWV Trails Association & Rec Path –

mwvrecpath.org

Ride NoCo – ridenoco.org

White Mountains NEMBA – MTBproject.com

Other Resources

Bike the Borderlands – bikeborderlands.com

Cross New Hampshire Adventure Trail –

xnhat.org

Mountain Bike Resort Website – MTBparks.com

MTB Project – MTBproject.com

NEMBA – NEMBA.org

NH Rail Trails Coalition – nhrtc.org

Trailforks – TrailForks.com *White Mountain*

Ride Guide by Marty Basch

