

MOUNTAIN BIKING

in New Hampshire's EASTERN White Mountains

White Mountains Visitor Center
200 Kancamagus Highway/Rte 112
North Woodstock, NH 03262
603-745-8720

VisitWhiteMountains.com

Attitash Mountain Resort Bike Park*

(800) 223 7669

775 Route 302, Bartlett, NH 03812

attitash.com

Enjoy scenic cross-country terrain along the Saco River on 8 cross-country trails. *Downhill mountain bike park remains closed.*



Cranmore Bike Park*

(800) SUN N SKI

1 Skimobile Road, North Conway, NH 03860

cranmore.com

All of the trails have mellow grades and are a great introduction to downhill riding – an experience that's enjoyable for the entire family.



Great Glen Trails Outdoor Center*

(603) 466 3988

1 Mt. Washington Auto Road, Gorham, NH 03581

greatglentrails.com/biking

The smooth and well-marked carriage roads let riders explore the forest and take in the mountain views while the wooded single track is perfect for more adventurous riders. All ages & abilities Summer Mountain Bike Race Series.

Bike Rentals & Gear

**ebikes for rent*

Attitash Mountain Resort – Bartlett

Great Glen Outfitters – Gorham *

crank Bike & Repair Shop – North Conway

Great American Ski Renting – North Conway *

Red Jersey Cyclery – North Conway

REI – North Conway *

Stan and Dan Sports – North Conway *

Sun & Ski Sports – North Conway *

Waterville Valley Adventure Center – Waterville

Local Trails **Maps available upon request*

Albany Town Forest – Albany*

Bartlett Experimental Forest – Bartlett

Saco River Trail - Bartlett*

Coos Trails – Gorham*

Moose Brook State Park Trails – Gorham*

Black Cap – North Conway*

East Side Trails – North Conway *

Echo Lake State Park – North Conway*

pudding Pond – North Conway*

Marshall Conservation Area – North Conway*

Moat Mountain Trails – North Conway*

Whitaker Woods – North Conway*

Clubs & Associations

Coos Cycling Club – cooscyclingclub.org

Mt. Washington Valley Bicycle Club –

mwvbicyclingclub.org

MWV Trails Association & Rec Path –

mwvrecpath.org

Ride NoCo – ridenoco.org

White Mountains NEMBA – MTBproject.com

Other Resources

Bike the Borderlands – bikeborderlands.com

Cross NH Adventure Trail – xnhat.org

Mountain Bike Resort Website – MTBparks.com

MTB Project – MTBproject.com

NEMBA – NEMBA.org

NH Rail Trails Coalition – nhrtc.org

Trailforks – TrailForks.com

White Mountain Ride Guide by Marty Basch



MOUNTAIN BIKING

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Loon Mountain Resort *

(800) 229 5666

60 Loon Mountain Road, Lincoln, NH 03251

loonmtn.com

Ride purpose-built downhill mountain biking trails in the beautiful White Mountain National Forest.



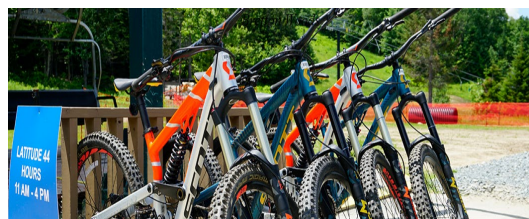
Bretton Woods Adventure Center *

(603) 278 4437

99 Ski Area Road, Bretton Woods, NH 03575

brettonwoods.com

Enjoy the scenery of Mount Washington Resort by bike on the expansive Alpine or Valley Trail Mountain Biking Systems.



Waterville Valley Adventure Center *

(603) 236 4666

1 Ski Area Road, Waterville Valley, NH 03215

waterville.com/biking

Waterville Valley offers trails for everyone – travel around town on paved roads, pick up some speed on our lift serviced trail system, or explore the National Forest in a new way on the Valley's vast cross country trails.

Bike Rentals & Gear * [ebikes for rent](#)

Franconia Basecamp – Franconia*

White Mountain Bike Shop – Franconia *

Great American Ski Renting – Lincoln *

Loon Adventure Center – Lincoln *

Rodgers Ski & Sport – Lincoln

Sport Thoma – Lincoln

Littleton Bike + Fitness – Littleton *

Rhino Bike Works – Plymouth

Waterville Valley Adventure Center – Waterville

Local Trails * [Maps available upon request](#)

Ammonoosuc Rail Trail – Woodsville to Littleton

Bethlehem Trails – Bethlehem *

Dow + Fox Hill Trails – Franconia *

Franconia Notch Bike Path – Lincoln *

Gyroscope Trail System - Plymouth*

Lincoln Bike Path – Lincoln *

Lincoln Woods Trail – Lincoln *

Loon Cross Country Ski Trails – Lincoln *

Pondicherry Rail Trail – Jefferson *

PRKR Mountain Trails – Littleton *

Profile Trails Network – Franconia, Easton + Sugar Hill *

Waterville Valley Bike Trails – Waterville *

Clubs & Associations

Bethlehem Trails Association (BTA) –

bethlehemtrails.org

Franconia Area NEMBA –

nemba.org/chapters/fanemba

Littleton Landsharks – littletonbike.com

Pemi Valley NEMBA -

nemba.org/chapters/pemi-valley

PRKR MTN – prkrmtn.org

Other Resources

Bike the Borderlands – bikeborderlands.com

Cross NH Adventure Trail – xnhat.org

MTB Project – MTBproject.com

New England Mountain Bike Assoc. – NEMBA.org

NH Rail Trails Coalition – nhrtc.org

Trailforks – TrailForks.com

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