

MOUNTAIN BIKING

in New Hampshire's EASTERN White Mountains

White Mountains Visitor Center
200 Kancamagus Highway/Rte 112
North Woodstock, NH 03262
603-745-8720
VisitWhiteMountains.com

Cranmore Bike Park*

(800) SUN N SKI

1 Skimobile Road, North Conway, NH 03860

cranmore.com

Adventure awaits with family-friendly lift-serviced, downhill mountain biking. Terrain for all ability levels - easy going smooth flow trails, to more technical single-track terrain. Small group friends & family lessons are available.



Great Glen Trails Outdoor Center*

(603) 466 3988

1 Mt. Washington Auto Road, Gorham, NH 03581

greatglentrails.com/biking

The smooth and well-marked carriage roads let riders explore the forest and take in the mountain views while the wooded single track is perfect for more adventurous riders. All ages & abilities Summer Mountain Bike Race Series.



Purity Spring Resort

(603) 367-8896

1251 Eaton Road, Madison, NH 03849

purityspring.com/activities/on-land/attraction/mountain-biking/

Trails roam around Purity Lake & throughout some of the 1000 acres of property. For most of the network, the challenge level ranges from upper beginner to intermediate and includes paved roads, dirt roads & a Nordic trail network featuring wider paths similar to logging road trails.

Bike Rentals & Gear

**ebikes for rent*

Great Glen Outfitters – Gorham *
crank Bike & Repair Shop – North Conway
Gorham Bike & Ski – North Conway
Great American Ski Renting – North Conway *
Red Jersey Cyclery – North Conway
REI – North Conway *
Ski the Whites – Jackson*
Stan and Dan Sports – North Conway *
Sun & Ski Sports – North Conway *

Local Trails

**Maps available upon request*

Albany Town Forest – Albany*
Bartlett Experimental Forest – Bartlett
Saco River Trail - Bartlett*
Coos Trails – Gorham*
Moose Brook State Park Trails – Gorham*
Black Cap – North Conway*
East Side Trails – North Conway *
Echo Lake State Park – North Conway*
Hurricane Mountain Trails – North Conway
Pine Hill Community Forest – North Conway
Pudding Pond – North Conway*
Marshall Conservation Area – North Conway*
Moat Mountain Trails – North Conway*
Mountain Division Trail – Fryeburg, ME
West Side Trails – North Conway
Whitaker Woods – North Conway*

Clubs & Associations

Coos Cycling Club – cooscyclingclub.org
Mt. Washington Valley Bicycle Club –
mwvbicyclingclub.org
MWV Trails Association & Rec Path –
mwvrecpath.org
Ride NoCo – ridenoco.org
White Mountains NEMBA – MTBproject.com

Other Resources

Bike the Borderlands – bikeborderlands.com
Cross New Hampshire Adventure Trail –
xnhat.org
Mountain Bike Resort Website – MTBparks.com
MTB Project – MTBproject.com
NEMBA – NEMBA.org
NH Rail Trails Coalition – nhrtc.org
Trailforks – TrailForks.com

White Mountain Ride Guide by Marty Basch



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Loon Mountain Resort *

(800) 229 5666

60 Loon Mountain Road, Lincoln, NH 03251
loonmtn.com

Ride purpose-built downhill mountain biking trails in the beautiful White Mountain National Forest and cross-country terrain via the East Ridge Trail Network. Kancamagus 8 and the Governor Adams Lodge Base Area are the new bike headquarters at Loon.



Bretton Woods Adventure Center *

(603) 278 4437

99 Ski Area Road, Bretton Woods, NH 03575
brettonwoods.com

Enjoy the scenery of Mount Washington Resort by bike on the expansive Alpine or Valley Trail Mountain Biking Systems. Choose from double- and single-track trails, plus fat bike rentals available.



Waterville Valley Adventure Center *

(603) 236 4666

1 Ski Area Road, Waterville Valley, NH 03215
waterville.com/biking

Waterville Valley offers trails for everyone – travel around town on paved roads, pick up some speed on the lift serviced trail system, or explore the National Forest in a new way on the Valley's vast cross-country trails.

Bike Rentals & Gear * ebikes for rent

Franconia Basecamp – Franconia*
White Mountain Bike Shop – Franconia *
Great American Ski Renting – Lincoln *
Loon Adventure Center – Lincoln *
Rodgers Ski & Sport – Lincoln
Sport Thoma – Lincoln
Littleton Bike + Fitness – Littleton *
Rhino Bike Works – Plymouth
Waterville Valley Adventure Center – Waterville

Local Trails *Maps available upon request

Ammonoosuc Rail Trail – Woodsville to Littleton
Bethlehem Trails – Bethlehem *
Dow + Fox Hill Trails – Franconia *
Franconia Notch Bike Path – Lincoln *
Gyroscope Trail System - Plymouth*
Lincoln Bike Path – Lincoln *
Lincoln Woods Trail – Lincoln *
Loon Cross Country Ski Trails – Lincoln *
Pondicherry Rail Trail – Jefferson *
PRKR Mountain Trails – Littleton *
Profile Trails Network – Franconia, Easton + Sugar Hill *
Waterville Valley Bike Trails – Waterville *

Clubs & Associations

Bethlehem Trails Association – bethlehemtrails.org
Bike the North Country – bikethenorthcountry.com
Franconia NEMBA – nemba.org/chapters/fanemba
Littleton Landsharks – littletonbike.com
North Country Tricycle – tricyclenh.com
Pemi Valley NEMBA – nemba.org/chapters/pemi-valley
PRKR MTN – prkrmtn.org

Other Resources

Bike the Borderlands – bikeborderlands.com
Cross NH Adventure Trail – xnhat.org
MTB Project – MTBproject.com
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