

The changing colors of autumn signal that trees are getting ready for winter. Throughout spring and summer, most of the food necessary for a tree's growth is made in the leaves. This food-making process takes place in the cells containing chlorophyll, which gives leaves their green color.

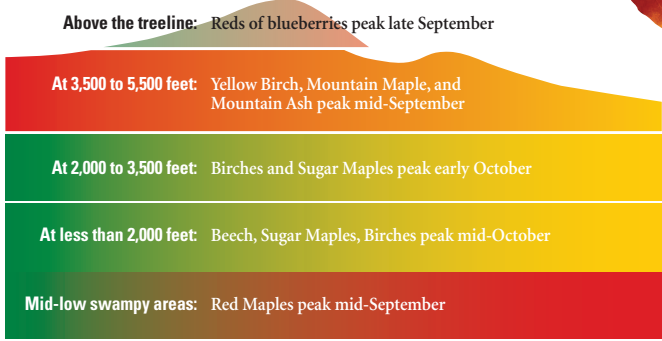
In fall, partly due to shorter periods of daylight and cooler temperatures, the leaves stop making food. The chlorophyll breaks down and the green color disappears; yellow and orange—previously masked by the green—appear.

The vibrant reds, purples, and bronzes come from other chemical processes. The brilliant red of Maples has a sweet side: in the warmth of fall days, sugar is produced in the leaves and then trapped by the night's chill. The more sugar that accumulates, the brighter red the leaves turn.

The degree of color varies from tree to tree. Leaves directly exposed to the sun may turn red, while those on the shady side of the same tree may be yellow. Color also varies depending on weather conditions. When autumn is warm and rainy, leaves may have less red coloration.

As colors vary from mountaintops to valleys and from day to day, there's no way to predict when fall foliage will be at its peak. This is a time of change, when each day is colored anew. Only two places in the world have this brilliant foliage — New England and part of Japan—but there's no better place on earth to see nature's most colorful display than the White Mountains of New Hampshire.

PEAK COLOR & LEAF CHANGE
on the south side of Mt. Washington



The Leaf Peeper's Guide to
AUTUMN
in the White Mountains of New Hampshire

You can enjoy autumn's beauty all year long by preserving the colorful leaves. There are several ways to do this.

To preserve branches for use in bouquets, split the stems at the base. Cover branches with a solution of two parts water and one part glycerine to a depth of 2-4". Keep in a cool, well-ventilated place until there is a very slight change in the leaf color. Then remove and hang upside-down until dry.

To preserve leaves, gather them while they are soft and supple, and use one of these methods. Mix one part glycerin with two parts water and submerge the leaves for 2-6 days. Dry them with paper towels, and they should feel soft and pliable.

Or place them between two layers of wax paper, cover with piece of paper or a tea towel and use an iron to transfer the wax from the paper to the leaf. Give them two or three coatings of wax, until they are stiff and colorful.

You can also preserve autumn's beauty in photographs.

We suggest using colorful overhanging branches to frame an inviting scene, or move in for a closeup of the delicate colors and patterns in individual leaves. *You'll love the results!*



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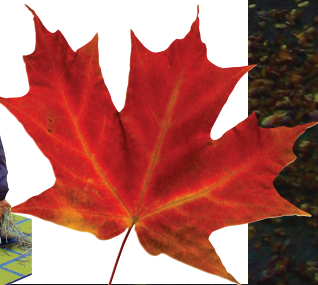
IDENTIFYING
leaves & trees

MAP
with scenic routes

PHOTO
and scenic sites tips



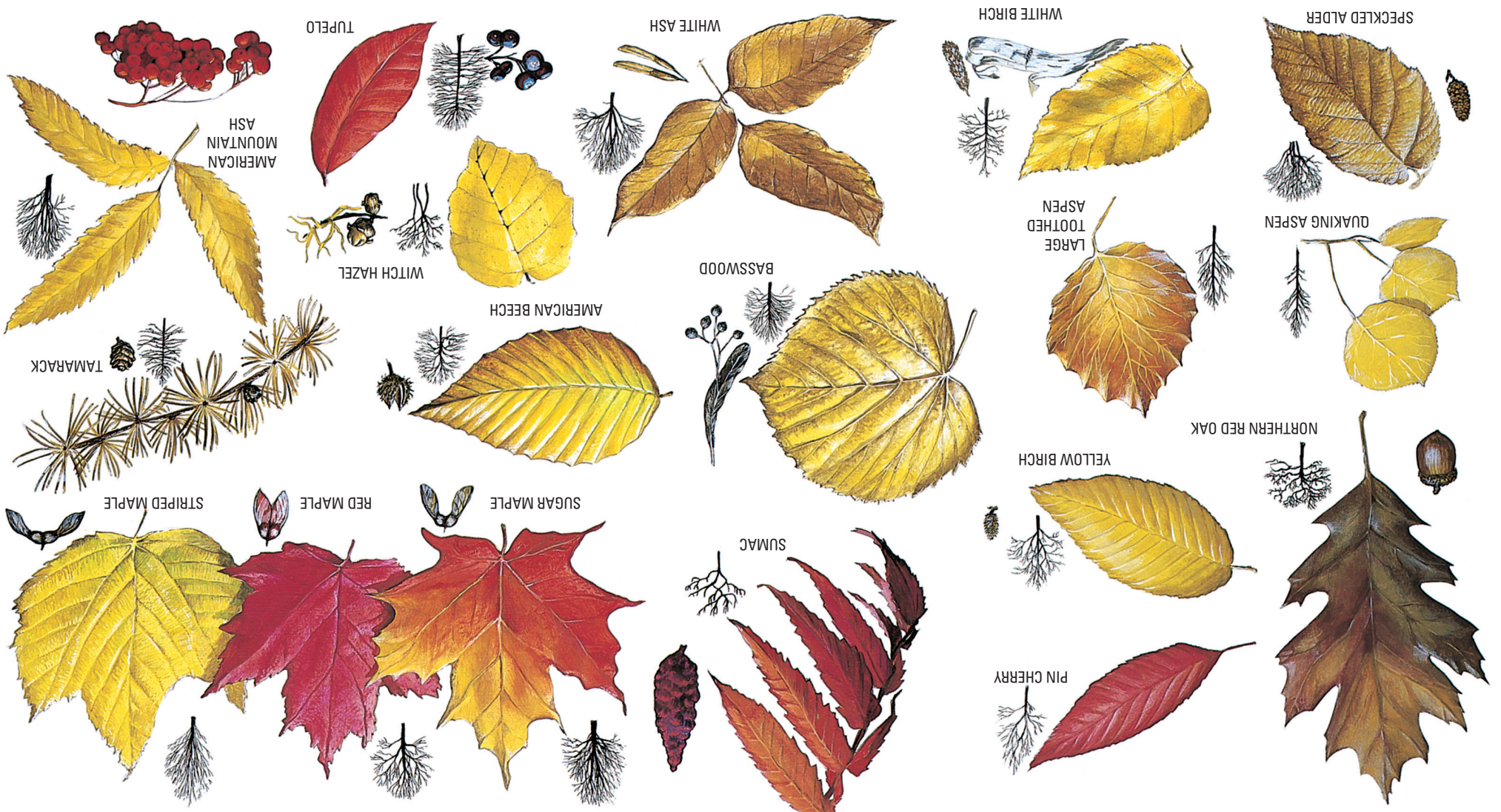
Pumpkin People Festival
Jackson, Bartlett and Glen NH



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NAME	AMERICAN ASH	YELLOW BIRCH	TAMARACK	WHITE ASH	NORTHERN RED OAK	PIN CHERRY	SUMAC	SUGAR MAPLE	RED MAPLE	STRIPED MAPLE	QUAKING ASPEN	BASSWOOD	AMERICAN BEECH	WITCH HAZEL	SPECKLED ALDER	LARGE TOOTHED ASPEN	WHITE BIRCH	TUPELO
COLORS, FEATURES, AND CHANGES	Bright red berries and red leaves. Prominent on high ridges in early fall.	With white slopes bright yellow in early October.	Only local conifer that sheds all its needles. Birch, colors stand out in swamps.	Stand out in heavy frost. Stand out in October. Stand out in deep red and orange, then brown.	Yellow-purple. Stand out in heavy frost. Stand out in brown.	Purple/green to yellow. Fuzzy leaves. Purple leaves. Dark red or black.	Yellow, sometimes orange, and early. Bright red with yellow or orange. Bare by mid-October. Also called Swamp Maple.	Stands out in mid-October. Stand out in season, then late in the green until leaves turn yellow. Huge leaves.	Stands out in mid-October. Stand out in season, then late in the green until leaves turn yellow. Huge leaves.	Stands out in mid-October. Stand out in season, then late in the green until leaves turn yellow. Huge leaves.	Stands out in mid-October. Stand out in season, then late in the green until leaves turn yellow. Huge leaves.	Stands out in mid-October. Stand out in season, then late in the green until leaves turn yellow. Huge leaves.	Stands out in mid-October. Stand out in season, then late in the green until leaves turn yellow. Huge leaves.	Stands out in mid-October. Stand out in season, then late in the green until leaves turn yellow. Huge leaves.	Stands out in mid-October. Stand out in season, then late in the green until leaves turn yellow. Huge leaves.	Stands out in mid-October. Stand out in season, then late in the green until leaves turn yellow. Huge leaves.	Stands out in mid-October. Stand out in season, then late in the green until leaves turn yellow. Huge leaves.	Stands out in mid-October. Stand out in season, then late in the green until leaves turn yellow. Huge leaves.

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The brightest show on earth: autumn in the White Mountains!



Thirteen Mile Woods, Route 16 South of Errol

SHUNPIKES

Shunpikes are less-traveled roads that afford spectacular views of fall foliage in the White Mountains.

COLEBROOK & CONNECTICUT LAKES AREA

Rte. 3 Pittsburg to the Canadian border

Rte. 145 Colebrook to Pittsburg

Secondary Roads between Rtes. 3 and 26

below Colebrook

Rte. 26 through Dixville Notch

ERROL, SHELburne, & GORHAM AREA

Rte. 16 Errol to Rangeley Lakes, ME

Rte. 26 Errol to Lake Umbagog and beyond

Rte. 16 South of Errol through Thirteen Mile Woods

Jct. Rtes. 16 & 110A Rte. 110A to Rte. 110B

to Milan Village

From Berlin to Dummer on local road running

parallel to Rte. 16

North Road above Rte. 2 from Shelburne to Gilead, ME

Dolly Copp Road from Rte. 16 above Pinkham Notch

to Rte. 2

LANCASTER, WHITEFIELD, FRANCONIA, WOODSVILLE, & WARREN AREAS

Road Groveton to Stark above Rte. 110

Lost Nation Road from Groveton to Lancaster (east

of Rte. 3)

Rte. 116 (North Rd.) from Lancaster to Jefferson

Rte. 142 from Franconia to Bethlehem

Landaff Center from Lisbon, Lyman, Tinkerville to

Rte. 302

Rte. 117 from Rte. 302 to Rte. 18

Easton to Sugar Hill

Rte. 116 Franconia Village to Rte. 112

Rte. 135 Woodsville to Lancaster

Rte. 116 North Haverhill to Benton

Rte. 25 Warren to Haverhill

Rte. 25C Piermont to Warren

NORTH WOODSTOCK, LINCOLN, WATERVILLE AREAS

Rte. 112 North Woodstock to Bath

Rte. 118 North Woodstock to Warren

Rte. 25 in Warren to Wentworth, Rumney, Ells-

worth, and Campton

Rte. 49 in Campton to Waterville Valley and

then Tripoli Road to I-93

Rte. 175 North Woodstock to Plymouth

CONWAY, BARTLETT, TAMWORTH, CENTER SANDWICH AREAS

Mt. Clinton Road from Crawford Notch and

Rte. 302 to the Cog Railroad base

Jefferson Notch Road from near the Cog Railroad

base on to Rte. 2

Bear Notch Road from Bartlett to the

Kancamagus Highway

West Side Road from Rte. 16 in Conway to

Rte. 302 in Bartlett

Sandwich Notch Road from Sandwich to

Rte. 49 in Campton

Rte. 113 from Conway to Tamworth

Rte. 16B Loop in Jackson

Hurricane Mountain Road near jct. of

Rtes. 16 & 16A in Intervale to Chatham

Chatham to Gilead, ME to Rte. 2 and

Shelburne, NH

COVERED Bridges

Albany-Albany North of the

Kancamagus Highway, 6 miles

west of Conway **D-5**

Bartlett-Bartlett West of

US 302, 4 1/2 miles east of

Bartlett **D-5**

Bath-Bath West of US 302

at Bath Village **B-4**

Bath-Swiftwater North

of NH 112 at Swiftwater **B-5**

Campton-Blair East of US 3,

2 miles north of Livermore Falls

..... **C-6**

Campton-Bump 1 mile east of NH 175 at

Campton Hollow **C-6**

Columbia-Lemington, VT West of NH 3,

Columbia Village **C-2**

Conway-Saco River 1/4 mile north of NH 16

at Conway Village **D-5**

Conway-Swift River 1/2 mile north of NH 16

at Conway Village **D-5**

Haverhill-Bath NH 135, 1/4 mile north of

US 302 at Woodsville **B-4**

Jackson-Honeymoon NH 16A at Jct.

with NH 16 at Jackson Village

..... **D-5**

Lancaster-Lunenburg, VT 5 miles west of

Lancaster **C-3**

Lancaster-Mechanic Street East of US 2,

US 3 in Lancaster Village

..... **C-3**

Lincoln-Flume East of US 3 in Flume Gorge..... **C-5**

Lincoln-Sentinel Pine East of US 3 in Flume

Gorge **C-5**

Littleton Off Main St., next to Miller's Café..... **C-4**

Lost River (Allen Hollis) Bridge NH 112

in North Woodstock **C-5**

Lyme-Edgell 1 mile south of NH 10, 2 miles

south of Orford Village **B-5**

Northumberland-Groveton East of US 3,

Groveton **C-3**

North Woodstock-Clark's Trading Post..... **C-5**

Ossipee-Whittier West of NH 16 at

West Ossipee Village **D-6**

Pittsburg-Clarksville South of US 3, 1 mile

west of Pittsburg Village **C-1**

Pittsburg-Happy Corner 1/2 mi. south of

US 3, 6 miles north of Pittsburg Village

..... **D-1**

Pittsburg-River Road South of US 3,

5 1/2 miles northeast of Pittsburg Village

..... **D-1**

Sandwich-Durgin 1 1/2 mile north of 113,

2 miles east of North Sandwich

..... **D-6**

Stark-Stark Northwest of NH 110 at

Stark Village **C-3**

Woodstock-Jack O'Lantern Resort

Rt. 3, 1/4 mile south of Exit 30, I-93

..... **C-5**



Albany Covered Bridge

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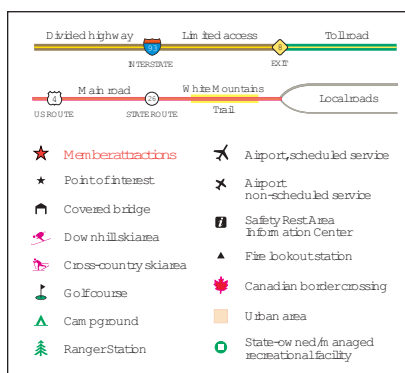
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ABOUT this Guide

This Leaf Peeper's Guide is brought to you by the 17 White Mountains Attractions Association members who strive to provide you with good family entertainment, a pleasant atmosphere, and good value.

For more information, write:
White Mountains Attractions Box 10LP
North Woodstock, New Hampshire 03262
or call (603)745-8720 or visit our website at
www.VisitWhiteMountains.com



LEGENDARY Attractions

ALPINE ADVENTURES 41 Main Street, Lincoln

603-745-9911 • Open Year Round **C-5**

ATTITASH MOUNTAIN RESORT 705 Route 302,

Bartlett • 603-374-2368 • Daily mid-June thru early

Sept.; weekends late May thru mid-October **D-5**

CANNON MOUNTAIN AERIAL TRAMWAY I-93, Exit 34B

Franconia Notch • 603-823-5563

Daily mid-May thru mid-October **C-4**

CLARK'S TRADING POST Route 3, Lincoln

603-745-8913 • Daily mid-June thru Labor Day;

weekends late May thru mid-October **C-5**

CRANMORE MTN RESORT 1 Skimobile Rd.,

North Conway • 603-356-5544 • Daily mid-June thru

Labor Day; weekends late May to mid-October **D-5**

CONWAY SCENIC RAILROAD Route 16 & 302,

North Conway • 603-356-5251 • Daily mid-May to

late Oct.; weekends mid-April to late Dec. **D-5**

FLUME GORGE Rte. 3, Franconia • 603-745-8391

Daily May-October, weather permitting **C-5**

HOB0 RAILROAD Rt. 112, Lincoln • 603-745-2135

Daily mid-June thru mid-October; weekends late

May thru mid-June **C-5**

LOON MOUNTAIN Kancamagus Hwy, Lincoln

603-745-8111 • Daily mid-June thru mid-October;

weekends late May thru mid-June; **C-5**

LOST RIVER GORGE & BOULDER CAVES

Rte. 112, North Woodstock • 603-745-8031 • Daily

May thru late-October, weather permitting **C-5**

MT. WASHINGTON AUTO ROAD Route 16,

Gorham • 603-466-3988 • Open mid-May to late

October, weather permitting **D-4**

MT. WASHINGTON COG RAILWAY Route 302,

Bretton Woods • 603-846-5404 • Daily late-May thru

early Nov; weekends mid-April to late-May **D-4**

POLAR CAVES PARK Route 25, Plymouth

603-536-1888 • Daily May thru late-October **C-7**

SANTA'S VILLAGE Rt. 2, Jefferson • 603-586-4445

Daily mid-June thru Labor Day; weekends late May

thru October; Christmastime too **C-4**

STORY LAND Route 16, Glen • 603-383-4293

Daily mid-June thru Labor Day; weekends late May

thru mid-October **D-5**

WHALE'S TALE WATER PARK Route 3, Lincoln

603-745-8810 • Open early June to early Sept. **C-5**

WILDCAT MOUNTAIN Route 16, Pinkham Notch

888-SKI-WILD • Daily mid-June thru early Sept;

wknds late May thru mid-Oct. **D-4**

NOTE: Dates and hours of operation may change

by the season, so please call ahead.

WEATHER & what to wear

During September and October, daytime temperatures generally range from 50° to 70°, and nights from 30° to 50°F. As a rule, the farther north or the higher in altitude you go, the cooler the temperature.

Dress is informal for the most part, except in cities and at some resorts where jacket and tie are required for dinner. Bring a mix of casual, comfortable clothes: skirts or slacks with long-sleeved blouse and sweater for women, a jacket or sweater with slacks for men. It's also a good idea to bring a lightweight jacket or coat.

Shoes should be low-heeled and designed for walking. If you plan to go hiking, include rubber-soled shoes (leather soles will be too slippery).



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For current foliage reports, visit: **MountainFoliage.com**

FALL FOLIAGE STATUS LINE: 1-800-258-3608

Call during September and October for a daily report on the status of the foliage statewide.

PHOTOGRAPHY Front Cover, Mountain Leaves & Thirteen Mile Woods: Forrest Seavey, Pumpkin People: Lorna Colquhoun