

The Gary Shell Cross-City Trail is Wilmington's largest, most innovative solution to alternative transportation as it provides residents with improved and additional bicycle and pedestrian options. When completed, the trail will cross the city from Wade Park in south Wilmington to the drawbridge at Wrightsville Beach. The trail has been constructed with a combination of federal, state and local funds. When complete, the trail as currently adopted will be 15 miles long.

Gary Shell Cross-City Trail



Tips for Cyclists and Motorists!

Cyclists:

- Familiarize yourself with all applicable traffic laws and cycling rules. North Carolina's cycling laws can be found at <http://www.ncdot.org/bikeped/lawspolicies/laws/>
- Obey all traffic control devices, such as stop signs and lights.
- Be extra alert at intersections. When approaching intersections, make eye contact with drivers whenever possible. This ensures that the motorists see you.
- Many intersections along the Gary Shell Cross-City Trail are equipped with push-button-activated signal heads. When activated, a pre-programmed timed sequence will display a countdown that lets the pedestrian or cyclist know how long he/she has to safely cross the intersection.
- Make sure you are always aware of your surroundings.

Motorists:

- Yield to cyclists. Cyclists are considered vehicles and should be given the appropriate right of way. Special attention should be paid at intersections where right-turns-on-red are permitted for motorists. Vehicles must yield to pedestrians traveling straight in these circumstances.
- Be considerate. Scan for cyclists in traffic and at intersections.
- Look for cyclists when opening car doors.
- Most children don't have adequate knowledge of traffic laws. Children on bicycles are often unpredictable — expect the unexpected and slow down.

Trail Rules and Etiquette

The Gary Shell Cross-City Trail is enjoyed by many different types of users. Whether you are bicycling, walking, jogging, skating, walking a dog or pushing a stroller, if all users follow the same set of rules your experience on the trail will be safer and more enjoyable.

Help make the trail safe and enjoyable for everyone by using the following guidelines:

Guidelines:

PEDESTRIANS.

Pedestrians have the right of way.

KEEP RIGHT.

Always stay to the right side of the trail except when passing

PASS ON THE LEFT.

Pass others traveling in the same direction on the left.

YIELD.

Yield to slower and oncoming trail users and remember that children and pets can be unpredictable.

DON'T LITTER.

Do your part to keep the trail clean. Please pick up after yourself and pets.

BE PREDICTABLE.

Travel in a consistent and predictable manner. Always look behind when changing position on the trail.

ANNOUNCE YOURSELF BEFORE PASSING.

Politely warn trail users as you approach from behind. Give a clear audible signal when passing like "Passing on your left". Give the person you are passing time to respond. Don't wear headphones on the trail so you can hear others passing you.

BE COURTEOUS.

All trail users, including bicyclists, joggers, walkers, wheelchairs, strollers, rollerbladers and skaters, should be respectful of other users regardless of their mode, speed or level of skill.

DON'T BLOCK THE TRAIL.

When in a group or with your pets, use no more than half the trail so you don't block the flow of other users.

STOPPING.

Always allow other trail users room to pass on the left. Move off of or to the side of the trail when you stop. Beware of others behind you and make sure they know you are stopping.

CITY PARKS.

Portions of the Cross-City Trail are routed through City Parks. Pay special attention to your speed when traveling on the trail through a park.

Wear a Helmet article and illustration courtesy of NCDOT.

Wear a Helmet!

If you don't already have one, get a bicycle helmet* today! If you have one, wear it every time you ride. Today's helmets look good, are very light, and let in those cooling breezes... all while protecting your head and brain! Helmets cost as little as \$15 and could be your most important piece of equipment.

Why? In a word: protection.

A good bike helmet can protect your brain. That's important if your head hits a hard surface... like a road, a curb, or a car. Brains are fragile and once damaged may not mend.



**In North Carolina, children under the age of 16 are required to wear an approved bicycle helmet.*

More Bike Information!

**City of Wilmington
North Carolina**
crosscitytrail.com
910-341-7855

**Wilmington Metropolitan
Planning Organization**
wmpo.org
910-341-3258

WAVE Transit
wavetransit.com
910-343-0106

East Coast Greenway
greenway.org
919-797-0619

**Cape Fear Breeze Regional
Alternative Transportation**
capefearbreeze.com
910-341-3258

**NCDOT Division of Bicycle
and Pedestrian Transportation**
ncdot.org/bikeped/
919-733-2804

Along the Trail

Facilities and amenities along the Gary Shell Cross-City Trail are noted on the map on the reverse side.

PARKING. Parking facilities are located at James E.L. Wade Park, Halyburton Park, Empie Park and Anne McCrary Park.

RESTROOMS. Restroom facilities are located at James E.L. Wade Park, Halyburton Park and Empie Park.

BUS STOPS. Bus stops are noted along the trail and all Wave Transit buses are equipped with easy, front loading bike racks.

FIXIT STATION. A FIXIT Station is located at Empie Park. This easy to use bike repair stand contains an air pump and basic tools to keep your bike rolling.

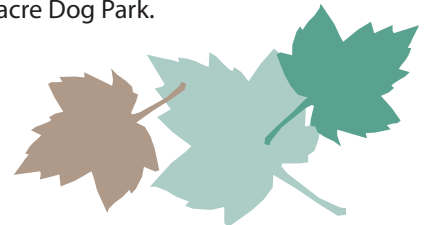
CONNECTING TRAILS. The Cross-City trail crosses or connects to other trails such as the River to the Sea Bikeway (Route 1) and the multi-use Military Cutoff trail.

CONNECTING PARKS.

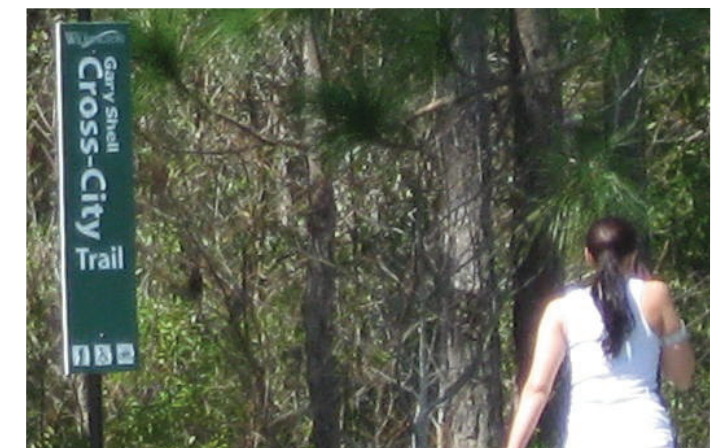
Halyburton Park contains a 1.3 mile multi-use trail. James E.L. Wade Park has a .5 mile multi-use trail and Empie Park contains a 2-acre Dog Park.

MORE INFORMATION.

www.crosscitytrail.com
www.wilmingtonnc.gov



Gary Shell Cross-City Trail



Visit www.crosscitytrail.com for more information.

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Gary Shell Cross-City Trail

LEGEND

- Existing Trail
- Future Trail
- Military Cutoff Trail
- Mile Marker
- School
- Park
- Restroom
- Parking
- FIXIT Station
- Hospital
- Bus Stop

