



3407 W. DR. MARTIN LUTHER KING JR. BLVD
 SUITE 100
 TAMPA, FL 33607

COME VOLUNTEER!



TRAFFIC IMPACT

18 / APR 2026



Major Roads to Avoid on Race Day (Expect Delays):

- Grogan's Mill Road (northbound from Woodlands Parkway to Timberloch Place): All day until 6:30 PM.
- Grogan's Mill Road (northbound from Sawdust Road to Woodlands Parkway): 11 AM to 6:30 PM.
- Grogan's Mill Road (southbound from Timberloch Place to Sawmill Road): 7 AM to 11 AM.
- All Grogan's Mill Road intersections between Timberloch Place and Sawmill Road until 6:30 PM.
- Sawdust Road (from Sawmill Road to Grogan's Mill/Sawdust intersection): 7 AM to 6 PM.
- EB Woodlands Parkway (John Cooper Drive to Grogan's Mill Road): Down to one lane until approximately noon.
- All Woodlands Parkway intersections between John Cooper Drive/Cochran's Crossing Drive and Grogan's Mill Road until approximately noon.
- Lake Woodlands Drive: Eastbound from Lakeside Blvd to Grogan's Mill Road until around 11 AM.



SATURDAY - APRIL 18, 2026

The Hardy Toll Road Closed Southbound on Friday, April 17th at 10 PM And will reopen 6 PM on Race Day.

***All lane closures occur on Saturday - April 18, 2026**

| STREET CLOSED | ONE LANE | FROM | TO | TIME | TIME OPEN |
|------------------------------|--------------------|--------------------------|-------------------------------|----------|-----------|
| Lake Robbins Dr | East & West Lanes | Six Pines Dr | Grogans Mill Rd | 5:00 AM | 12:30 AM |
| Six Pines Dr | Southbound Right | Lake Robbins Dr | Riva Row | 6:00 AM | 6:30 PM |
| Riva Row | South Lane | Six Pines Dr | High Timbers Dr | 7:00 AM | 6:30 PM |
| High Timbers Dr | East Lane | Riva Row | Timberloch Place | 7:00 AM | 6:30 PM |
| Timberloch Place | Eastbound Right | High Timbers Dr | Grogans Mill Rd | 7:00 AM | 6:30 PM |
| Grogans Mill Rd | Northbound Right | Woodlands Pkwy | Timberloch Place | 7:00 AM | 10:30 AM |
| Woodlands Pkwy | 2 Lanes Eastbound | Cochrans Crossing | Grogans Mill Exit | 7:00 AM | 11:00 AM |
| Grogans Mill Rd | Southbound Left | Grogans Mill Off Ramp | South Millbend Rd | 7:15 AM | 11:00 AM |
| Grogans Mill Rd | Southbound Right | Sawmill Rd | Budde Rd | 7:15 AM | 11:00 AM |
| Budde Rd | Right Lane | Sawdust Rd | Pruitt Rd | 7:25 AM | 6:00 PM |
| Pruitt Rd | South Lane | Budde Rd | I-45 Service Rd | 7:25 AM | 6:00 PM |
| I-45 Service Rd | Southbound Right | Pruitt Rd | Springwood Village Pkwy | 7:30 AM | 11:15 AM |
| Springwood Village Pkwy | Westbound Right | I-45 Service Rd | Holzwarth Rd | 7:30 AM | 11:15 AM |
| Holzwarth Rd | Southbound Right | Springwood Village Pkwy | Grand Pkwy | 7:30 AM | 11:15 AM |
| Grand Pkwy | Westbound Left | Holzwarth Rd | Springwood Village Pkwy | 7:30 AM | 11:15 AM |
| Springwood Village Pkwy | Southbound Left | Grand Pkwy | Grand Pkwy | 7:35 AM | 11:20 AM |
| Grand Pkwy | Eastbound Right | Springwood Village Pkwy | Spring Stuebner Rd | 7:35 AM | 11:20 AM |
| Spring Stuebner Rd | Southbound Right | N Fwy Service Rd | Northgate Crossing Blvd | 7:45 AM | 11:30 AM |
| Northgate Crossing Blvd | Northbound Right | Spring Stuebner Rd | Hardy Toll Road | 7:45 AM | 11:30 AM |
| Hardy Toll Road & Northgate | CLOSED | Northgate Crossing Blvd | Hardy Street Southbound Lanes | 12:00 AM | 6:00 PM |
| Hardy Toll Road & Hardy St | CLOSED | Hardy St | Northgate Crossing | 12:00 AM | 6:00 PM |
| Northgate Crossing Blvd | Northbound Right | Hardy Toll Exit Ramp | N Freeway Service Rd | 10:45 AM | 5:30 PM |
| N Freeway Service Rd | Northbound Right | Northgate Crossing Blvd | N Freeway Service Rd U-Turn | 10:45 AM | 5:45 PM |
| N Freeway Service Rd | Counterflow North | Under I-45 | Pruitt Rd | 7:30 AM | 5:45 PM |
| Pruitt Rd | South Lane | N Freeway Service Rd | Budde Rd | 7:25 AM | 6:00 PM |
| Budde Rd | South Lane | Pruitt Rd | Westridge Dr | 7:25 AM | 6:00 PM |
| Westridge Dr | Right Lane | Budde Rd | S Park Dr | 10:45 AM | 6:00 PM |
| Sawdust Rd | Westbound Right | S Park Dr | Sawmill Rd | 10:55 AM | 6:15 PM |
| Sawmill Rd | Northbound Left | Sawdust Rd | Grogans Mill Rd | 10:55 AM | 6:15 PM |
| Grogans Mill Rd | Northbound Left | Sawmill Rd | Woodlands Pkwy On Ramp | 11:00 AM | 6:15 PM |
| Grogans Mill Rd | Northbound Right | Woodlands Pkwy | Woodlands Pkwy off Ramp | 11:00 AM | 6:15 PM |
| Grogans Mill Rd Southbound | All Cars Will Exit | Woodlands Pkwy Westbound | Southbound travel Closed | 7:00 AM | 6:15 PM |
| Waterway Avenue April 17th | CLOSED | Lake Robbins Dr | Timberloch Place | 12:01 AM | 8:00 AM |
| Lake Woodlands Dr April 17th | Eastbond Right | Lakeside Blvd | Lake Front Circle | 6:00 AM | 10:30 AM |

| ROADS IMPACTED (RUN COURSE) | FROM | TO |
|-----------------------------------|----------|------------------|
| Lake Woodlands Dr/E Panther Creek | 11:10 AM | 11 PM |
| E Panther Creek/Woodlands Pkwy | 11:15 AM | 11:30 PM |
| Woodlands Pkwy/Lake Front Circle | 11:30 AM | 11:45 PM |
| Timberloch/Woodloch Forest | 11:45 AM | 12 AM (Midnight) |

| ROADS CLOSED (RUN COURSE) | FROM | TO |
|--|----------|----------|
| Waterway Ave is CLOSED from Lake Robbins to Timberloch | April 17 | April 18 |



**Timberloch Pl & Grogans Mill Rd
6:00 AM – 6:30 PM**

**For more information, please call
The IRONMAN Traffic Hotline Number:
509-713-2742**



**LAKE ROBBINS DR
&
SIX PINES DR.
6:00 AM – 6:30 PM**