

**NEW YORK**

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# LIFESTYLES

**MAGAZINE**



## BONNIE COMLEY & STEWART F. LANE

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GRADS

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(continued)

# THE ULTIMATE BUCKET LIST

## 13 THRILLING EXPERIENCES & MUST-SEE DESTINATIONS

BY PATRICIA CANOLE

**If you're anything like me, then there is nothing better than waking up in a strange new place and enjoying the best adventures that are a world away from a regular routine. However, since we've had to hit pause on our travel plans, for the time being, it doesn't mean we're not still thinking about all the places we hope to get to sometime soon.**

Travel fills our lives: from the hours we spend exploring the Internet for inspiration on where to visit or ways a place influences us long after we've left, from the food ideas we gather and the music choices we select.

So, with that in mind, here is a bucket list for your future adventures. Remember, you don't necessarily have to go far away to feel far away. So long as it's a place where you will feel inspired and, most importantly, a little more connected with the rest of the world.

### OUTDOOR ENTHUSIAST

#### THE CRYSTAL COAST

##### North Carolina

Wild abandon awaits at **Cape Lookout National Seashore**, a remote national park—located along Southern Outer Banks. It offers escapists a 56-mile stretch of undeveloped shimmering beaches, renowned shelling (with miles of large unbroken conch shells), and spectacular views of wild horses roaming freely.

For more than 400 years, the wild horses have taken care of their young, frolicked on pristine deserted beaches, and foraged for food with not a saddle or fence in sight. Accessible only by boat, visitors make their way to the island by private vessel or ferry, and Captain George Aswald of **Island Express Ferry Service** is more than happy to dish most of his secrets to shelling, and where to best spot the horses during the ride. *Info: crystalcoastnc.org/region/cape-lookout.*



*Cape Lookout National Seashore*

*Montage Palmetto Bluff*



#### BLUFFTON

##### South Carolina

Nestled in a lush, 20,000-acre coastal nature preserve between Hilton Head Island and Savannah, luxury resort **Montage Palmetto Bluff**, charms its guests with a bounty of natural, historical, and cultural experiences indigenous to the South Carolina coast. Boasting 32 miles of riverfront, the maze of waterways is a wondrous playground for the Atlantic Bottlenose Dolphin, where guests of all ages can experience up-close interactions through sunrise kayaking, paddle boarding, and scenic dolphin boat tours. Alongside a recent partnership with the University of South Carolina at Beaufort—supporting the institution's Dolphin Research Program—Montage Palmetto Bluff strives to make a more significant difference in protecting its surrounding natural life and providing the ultimate must-visit destination for ecotourism. *Info: montagehotels.com/palmettobluff.*

#### GREAT SMOKY MOUNTAINS

##### Gatlinburg, Tennessee

Nestled in the beautiful Smoky Mountains, **Westgate Smoky Mountain Resort & Spa** provides the ultimate immersion into the Great Outdoors through mountain meditation. The Resort combines Cherokee and modern-day meditation practices to allow guests to relax, take in that fresh mountain air, and become one with nature. Besides, Westgate Smoky Mountain also offers guided hikes into the **Great Smoky Mountains National Park** for the adventure-seekers.

